

eTeens

Wise. Informed. Sensible. Empowered

AIMS OF ETEENS

1. The Empowered Teens (eTeens) programme aims to provide students with accurate information to help them make good decisions in their life choices. It raises awareness and knowledge about the following:
 - a) awareness of the different sexually transmitted infections (STIs) and HIV/AIDS;
 - b) modes of transmission for STIs and HIV/AIDS;
 - c) modes of protection against infection, specifically abstinence and the correct use of condoms;
 - d) skills for decision-making, assertiveness, negotiation to say “no” to peer pressure to have pre-marital sex; and
 - e) consequences and impact of STIs/HIV.

FORMAT OF PROGRAMME

2. The eTeens programme comprises a mass talk for JC1 students, and a mass talk with a classroom-based lesson for Secondary 3 students.
 - a) The mass talk is conducted by a facilitator engaged by the Health Promotion Board (HPB) from an approved panel. The presentation follows an approved guide.
 - b) The duration of the mass talk is about 45 minutes. The talk is delivered through a multi- media presentation, a video screening as well as presentation of key learning points.
 - c) The lesson for Secondary schools reinforces skills on responsible decision-making, negotiation and assertiveness. The suggested time for the lesson is one hour.
 - d) The lesson is conducted by teachers who are MOE-trained to teach Sexuality Education.