

SCIENCE

TEACHING AND LEARNING SYLLABUS

Lower Secondary

General 1 Course

Implementation starting with
2021 Secondary One Cohort



Ministry of Education
SINGAPORE

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SECTION 1: INTRODUCTION

Science Curriculum Framework
Developing 21st Century Competencies through Science

1. INTRODUCTION

1.1 Science Curriculum Framework

The revised *Science Curriculum Framework* (see **Figure 1**) encapsulates the thrust of science education in Singapore to provide students with strong fundamentals in Science for life, learning, citizenry and work.

The tagline **Science for Life and Society** at the core of the curriculum framework captures the essence of the goals of Science education.

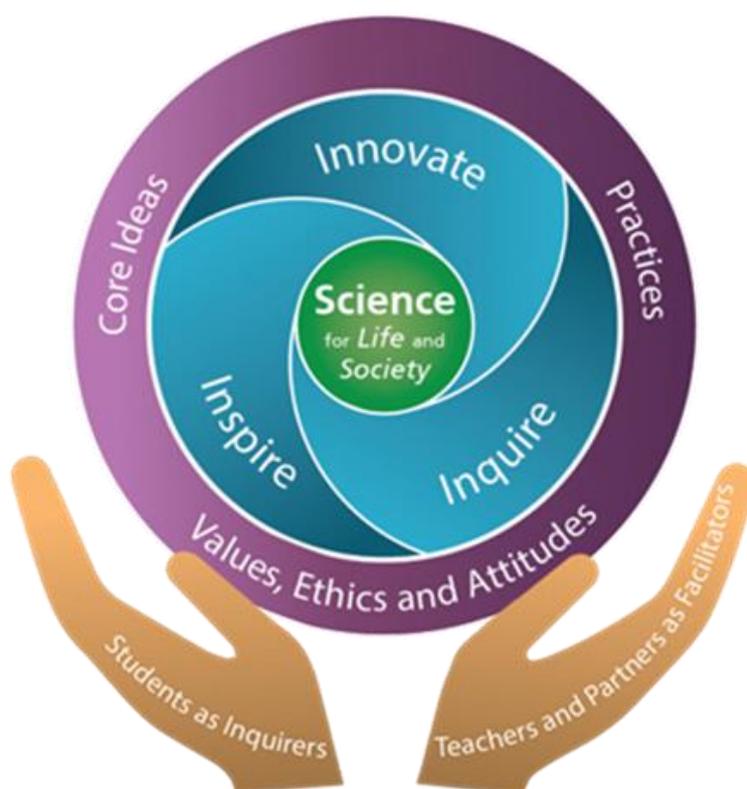


Figure 1: Science Curriculum Framework

Our Science students are diverse, with different needs, interests and aptitudes for Science. Given the diversity of our Science students and the needs of Singapore, the twin goals of Science education are to:

- Enthuse and nurture all students to be scientifically literate, so that they are able to make informed decisions and take responsible actions in their daily lives; and
- Provide strong Science fundamentals for students to innovate and pursue STEM for future learning and work.

Surrounding the core of the framework are the 3 **Ins**, *Inspire*, *Inquire* and *Innovate*, which articulates the vision of Science education. It encapsulates the desired overall experience of our students in Science education:

- Inspired by Science. Students enjoy learning Science, and are fascinated by how everyday phenomena have scientific connections and how Science helps solve many of our global challenges. They regard science as relevant and meaningful, and appreciate how Science and Technology have transformed the world and improved our lives. Students are open to the possibility of pursuing Science-related careers to serve the good of society.
- Inquire like Scientists. Students have strong fundamentals in Science, and possess the spirit of scientific inquiry. They are able to engage confidently in the *Practices of Science* grounded in the knowledge, issues and questions that relate to the roles played by Science in daily life, society and the environment. They can discern, weigh alternatives and evaluate claims and ideas critically, based on logical scientific evidence and arguments, and yet are able to suspend judgement where there is lack of evidence.
- Innovate using Science. Students apply Science to generate creative solutions to solve real-world problems, ranging from those affecting everyday lives to complex problems affecting humanity. It is envisaged that there will be a strong pipeline of students who can contribute towards STEM research, innovation and enterprise.

The outer ring represents the domains that make up the strong Science fundamentals: Core Ideas of Science, *Practices of Science*, and *Values, Ethics and Attitudes in Science*.

- Core Ideas (CI) of Science. To make Science learning coherent and meaningful, the Science curriculum is organised around *Core Ideas*, which are the distilled ideas central to Science. The *Core Ideas* help students see the coherence and conceptual links *within* and *across* the different sub-disciplines of Science (i.e. Biology, Chemistry and Physics).
- Practices of Science (POS). The *Practices* consist of three components:
(a) Demonstrating *Ways of Thinking and Doing* in Science (WOTD);
(b) Understanding the Nature of Scientific Knowledge (NOS); and
(c) Relating Science, Technology, Society and Environment (STSE).

They represent the set of established procedures and practices associated with scientific inquiry, what scientific knowledge is and how it is generated and established, and how Science is applied in society respectively. The *Practices* serve to highlight that the discipline of Science is more than the acquisition of a *body of knowledge* (e.g., scientific facts, concepts, laws, and theories); it is also a *way of thinking and doing*¹. In particular, it is important to appreciate that the three components representing the cognitive, epistemic and social aspects of the *Practices* are intricately related.

¹ Ways of Thinking, Ways of Doing (2012). Stanford University. Retrieved from: <https://stanford.app.box.com/s/2448dpj26j4c7buzansz>.

- Values, Ethics and Attitudes (VEA) in Science. Although Science uses objective methods to arrive at evidence-based conclusions, it is in fact a human enterprise conducted in particular social contexts which involves consideration of values and ethics. The intent of fostering an awareness and appreciation of these values in the curriculum is to sensitise our students to the ethical implications of the application of Science in society. The challenges that humanity will face in the upcoming centuries will not be overcome by scientific and technological solutions alone. There is a need to consider the impact of these solutions in terms of their benefits to humanity and the ethical issues involved. Thus, Science education needs to equip students with the ability to articulate their ethical stance as they participate in discussions about socio-scientific issues that involve ethical dilemmas, with no single right answer.

The pair of hands in the *Science Curriculum Framework* represents the roles of students *as inquirers* in their learning and pursuit of Science, supported by *teachers and partners as facilitators* of the students' learning experiences, to impart the excitement and value of Science to the students. The partnership of learning and teaching goes beyond the students and teachers to include other partners who can facilitate learning in various contexts to help fuel students' sense of inquiry and innovation, to inspire them and to help them appreciate the application of Science in their daily lives, society and the environment.

1.2 Developing 21st Century Competencies through Science and Digital Literacy and Technological Skills through Science

To prepare our students for the future, a Framework for 21st Century Competencies (21CC) and Student Outcomes was developed by MOE (see **Figure 2**). This 21CC framework guides the purposive development, through the total curriculum, of key competencies and mindsets for students to be successful in the 21st century.

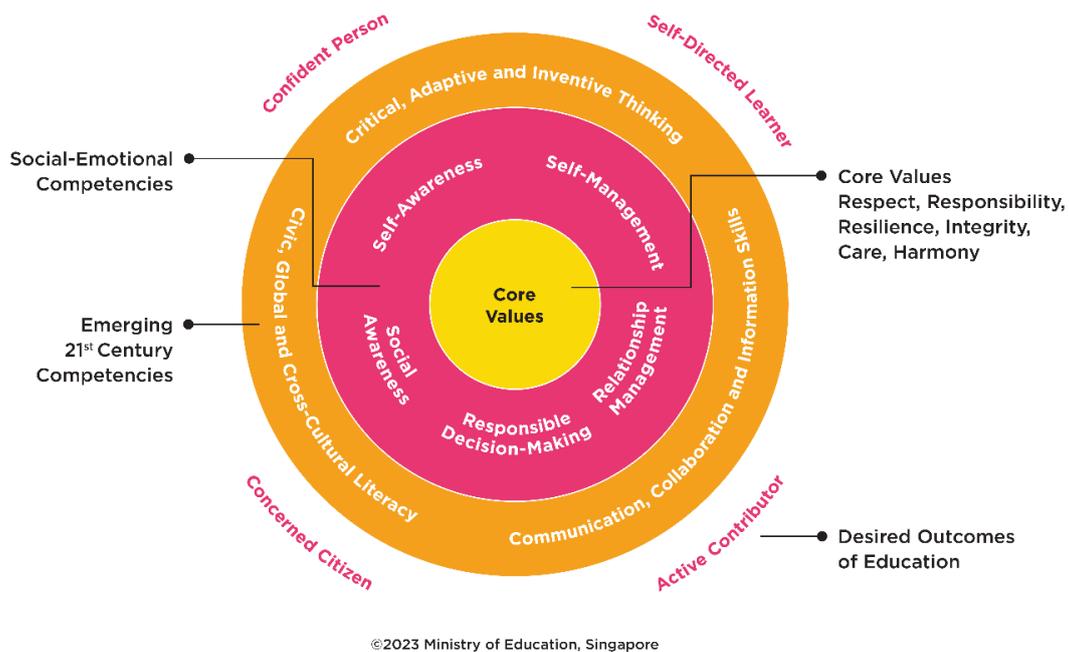


Figure 2: Framework for 21st Century Competencies and Student Outcomes

To further equip our students to thrive in a technology-saturated future, it is essential to develop their [Digital literacy and technological skills | MOE](#), which are unpacked into nine Digital Competencies (DCs) under the EdTech Masterplan 2030. This set of competencies reinforces the development of students' 21CC. Core values and competencies in the 21CC framework similarly complement the development of DLTS.

In Singapore, science education plays a crucial role in equipping our students to understand and tackle the myriad of local and global challenges of the 21st century. These challenges include issues such as climate change, technological disruptions (e.g. artificial intelligence), and the sustainable management of resources to support urban development and economic growth. To effectively address these challenges, it is vital to cultivate scientifically literate citizens who:

- Possess the mindset and practical knowledge of science and its applications to make informed decisions and take responsible actions in their daily lives.
- Appreciate science as part of humanity's intellectual and cultural heritage, recognising the beauty and power of its ideas, and engaging in socio-scientific issues ethically and in an informed manner.

- Can apply scientific knowledge and skills, as well as embrace scientific attitudes and mindsets to innovate and explore new frontiers.
- Are well-equipped with the digital competencies, including AI literacy to thrive in an increasingly technology-saturated future.

In this respect, engaging our students in the Practices of Science (POS) naturally provides opportunities for developing the following: (i) **21CC: Critical Thinking, Inventive Thinking and Communication** and (ii) **DCs: Data Competencies and Digital Communication, Collaboration and Participation**. The development of the other 21CC and DCs depends on the contexts of the lessons. Intentional development of 21CC and DCs through science makes learning meaningful and facilitates the transfer of learning. The following tables show how the development of POS supports the development of 21CC and DCs. Examples provided could develop more than one 21CC or DCs (refer to **Table 1** for specific examples).

Table 1: Examples of 21CC and DC development in science

Critical Thinking	
<p>Critical Thinking refers to the ability to exercise sound reasoning and metacognitive thinking to interpret and analyse information and evidence, draw conclusions, make decisions, and solve problems.</p>	
Developmental Milestone	Example of how engaging in POS develops Critical Thinking in Lower Secondary Science
<ul style="list-style-type: none"> • Use evidence and adopt different viewpoints to explain their reasoning and decisions. • Reflect on their thoughts, attitudes, behaviour and actions and draw on relevant cognitive strategies to determine and act on the modifications required. 	<p>Students could be given opportunities to:</p> <ul style="list-style-type: none"> • draw conclusion(s) from the interpretation of observations and/or experimental data and underlying principles. • compare and assess competing claims in the context of currently accepted explanations, limitations (e.g., trade-offs), constraints, and ethical issues. • identify and analyse a situation, reflecting on the implications of decisions (e.g., weighing risks and benefits) by appreciating and evaluating diverse viewpoint
Inventive Thinking	
<p>Inventive Thinking refers to the ability to frame, investigate and explore issues, generate innovative ideas and evaluate them to form novel and useful responses.</p>	
Developmental Milestone	Example of how engaging in POS develops Inventive Thinking in Lower Secondary Science
<ul style="list-style-type: none"> • Generate ideas that may involve modifying existing ones and explore different pathways that are 	<p>Students should be given opportunities to</p> <ul style="list-style-type: none"> • design investigations to inquire into specific phenomena or solve issues set in authentic contexts, with consideration for relevance and accuracy.

<p>appropriate to respond to an issue or challenge.</p> <ul style="list-style-type: none"> Evaluate and refine their ideas, using relevant strategies and based on a set of criteria that is appropriate for the task or context. 	<ul style="list-style-type: none"> evaluate and refine ideas and solutions in a systematic and iterative manner through applying logic, collection of evidence, experimentation, and applying scientific knowledge. ensure that their ideas and solutions developed through experimentation are appropriate for the context in which they are developed.
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Communication Skills

Effective communication refers to the ability to convey information and exchange ideas clearly and coherently through multimodal ways for specific purposes, audiences and contexts.

Developmental Milestone	Examples of how engaging in POS develops Communication in Lower Secondary Science
<ul style="list-style-type: none"> Convey and evaluate knowledge to co-construct new understandings and ideas coherently, while considering the specific purpose and context of communication. Respond with respect and empathy. The student is sensitive to the diverse backgrounds that influence different perspectives while communicating with others. 	<p>Students should be given opportunities to</p> <ul style="list-style-type: none"> communicate and evaluate scientific findings and information using various modes of communication (e.g., written, verbal, pictorial, tabular, or graphical) while employing scientific concepts and ideas. seek feedback and/or acceptance of explanations or solutions within the class or wider community.

Data Competencies

Data competencies refer to the ability to read, understand, interpret, manipulate, analyse, and present data in meaningful ways.

Developmental Milestone	Examples of how engaging in POS develops Data Competencies in Lower Secondary Science
<ul style="list-style-type: none"> Articulate problem statements/ hypotheses to be investigated using data, with guidance. Analyse data using simple models, tools and techniques. 	<p>Students could be given opportunities to:</p> <ul style="list-style-type: none"> formulate a hypothesis related to a scientific phenomenon for testing, guided by his/her teacher. conduct experiments and test solutions to gather data, while considering the accuracy of data collection. construct data visualisations (including linear graphs) that are most appropriate for the intended

<ul style="list-style-type: none"> • Interpret the results of data analyses and draw meaningful conclusions. • Identify and collect relevant sources of data for analyses, as well as determine an appropriate way to present the data. • Recognise that AI systems trained on biased or unrepresentative data will produce unreliable results. 	<p>audience/purpose, identify trends and apply calculations for analysis.</p> <ul style="list-style-type: none"> • draw conclusion(s) from the interpretation of observations and/or experimental data and underlying principles.
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Digital Communication, Collaboration and Participation

Digital communication, collaboration and participation refers to leveraging digital platforms and tools to communicate ideas, connect with others, and contribute constructively to a common goal.

Developmental Milestone	Examples of how engaging in POS develops Digital Communication, Collaboration and Participation in Lower Secondary Science
<ul style="list-style-type: none"> • Make use of features in computing devices, applications/software to convey and assess information and ideas for relevance, while considering the specific purpose and context of communication. • Respect group decisions while collaborating through digital platforms and contribute to the completion of a task to meet shared goals. The student can accept that group members may suggest different ways of doing things. 	<p>Students could be given opportunities to:</p> <ul style="list-style-type: none"> • communicate and evaluate scientific findings and information through appropriate digital platforms and tools (such as email, interactive learning platforms and digital storytelling), while employing scientific concepts and ideas. • seek feedback and/or acceptance of explanations or solutions within the class or wider community by participating in online discussion forums (e.g., on SLS), whilst demonstrating appropriate communication methods and good internet etiquette.

SECTION 2: CONTENT

Aims of Lower Secondary Science Normal (Technical) Syllabus
Syllabus Framework
Guide to the Syllabus
Syllabus Content

2. CONTENT

2.1 Aims of Lower Secondary Science Normal (Technical) Syllabus

The aims of the Lower Secondary Science Normal (Technical) Syllabus are to

- (i) develop 21st century competencies in students which would enable them to
 - apply critical and inventive thinking to identify and solve problems;
 - communicate and collaborate with others effectively; and
 - show care and concern for people and the environment.

- (ii) guide students in acquiring knowledge, skills and values for application in their daily lives such that they
 - are motivated to learn Science through contextualised and hands-on learning;
 - become confident citizens who are able to make sound decisions tapping on Science and Technology;
 - develop safe and ethical practices; and
 - understand the use of ICT and appropriate tools for scientific inquiry and analysis of issues.

- (iii) prepare students for future learning and work such that they
 - become lifelong and motivated learners; and
 - develop skills which are useful and relevant for them to be contributing citizens.

2.2 Syllabus Framework

Our fraternity believes that every child wants to and can learn. When children find meaning in learning, they are motivated to take ownership of their own learning. Based on this set of beliefs, the Lower Secondary Normal (Technical) Science syllabus is structured into an introductory topic on *Laboratory Measurements and Procedures* and three modules, namely *Machines Around Us (I)*, *Our Environment*, and *Our Body and Health (I)*, that are situated in authentic contexts students can relate to. The contexts draw students into asking questions and seeking knowledge that can help them gain a deeper understanding of the content in each module. For example, from the module *Our Body and Health (I)*, students will wonder why we need to eat and what happen to the food we eat. This would encourage students to engage in self-directed learning where they find out more about how the different body systems work together to release energy from the food we eat.

The content in each of the modules is anchored on key inquiry questions. These questions provide an overarching frame to guide instruction and learning of the content. Teachers could use the key inquiry questions as a starting base to delve further into a series of related questions, to facilitate students' understanding of the interconnections of the scientific concepts. **Table 2** provides the key inquiry questions of each module.

Table 2: Key inquiry questions for all topics and modules

Topic/ Module	Key Inquiry Question
Laboratory Measurements and Procedures	Why is it important to observe laboratory safety guidelines? Why is measurement important?
Machines Around Us (I)	How do we use forces and energy conversions to make our lives better? Why is it important to reduce energy wastage? How does electricity work and how can we use it safely? How do the effects of heat affect our lives?
Our Environment	How can matter be classified? What impact do our activities have on the environment?
Our Body and Health (I)	What are the basic building blocks of living things? How do we get the energy from food to live, work and play? How do we reproduce? How can we take good care of our body?

Table 3 provides an overview of the syllabus content.

Table 3: Overview of syllabus content

Laboratory Measurements and Procedures			
Module	Machines Around Us (I)	Our Environment	Our Body and Health (I)
Topic	<ul style="list-style-type: none"> • Force • Energy • Electricity • Heat 	<ul style="list-style-type: none"> • Matter • Water Pollution • Air Pollution 	<ul style="list-style-type: none"> • Cells • Getting Energy and Nutrients from Food • Human Reproduction • Taking Good Care of My Body

There is no particular order in which the modules should be taught. The teaching and learning of the topics within a module should be viewed as interlinked and not as compartmentalised blocks of knowledge. Schools may choose to teach the topics/ modules in the following order to facilitate content bridging for Subject-Based Banding (refer to **Table 4**):

Table 4: Suggested order of topics/ modules for Subject-Based Banding

LSS N(A) Theme	LSS N(T) Topic/ Module
(i) Scientific Endeavour	(i) Laboratory Measurements and Procedures
(ii) Diversity	(ii) Our Environment
(iii) Models	(iii) Machines Around Us (I)
(iv) Interactions	(iv) Our Body and Health (I)
(v) Systems	

For Secondary One, schools may choose to teach *Laboratory Measurements and Procedures*, *Our Environment* and part of *Machines Around Us (I)*.

2.2.1 Core Ideas of Science

Core Ideas allow students to appreciate the interconnections of scientific concepts across topics, making Science more meaningful for students. For example, students will understand that a *system* is made up of interdependent parts with different functions that work together for a common purpose, when they learn about *Electricity* and *Human Reproduction*.

For each topic in the syllabus, key *Core Ideas* are suggested. In the teaching and learning of the syllabus, teachers are encouraged to draw links to other *Core Ideas* besides the suggested ones. The suggestion of the key *Core Ideas* for each topic is not meant to be exhaustive. In the syllabus, students would have the opportunity to appreciate the following eight *Core Ideas* (see **Table 5**).

Table 5: Core Ideas of Science

Core Ideas	Description
Pattern	A pattern is an observed sequence or repetition in nature. A way to make sense of the world around us is to organise its diversity through classification based on similarities and differences, and recognising deviations. Understanding patterns helps us to also predict events and processes that occur in the natural world.
Diversity	Diversity refers to the variety of living and non-living things around us. Such diversity in the natural and man-made worlds helps to maintain a balance in the ecosystem and provides us with useful resources to develop solutions to real-world problems. We have to use the resources in nature responsibly and sustainably.
System	A system comprises parts which interact with one another within a boundary. Interactions within and between systems can be explored at different scales. Studying systems allows us to understand how different parts with different functions, may work together for a common purpose.
Structure	Structure refers to the arrangement of and relations between parts of a system. Making sense of the structure of systems and their parts leads to a deeper understanding of their properties and functions, which allow us to make and test predictions of their behaviour.
Energy	Energy is required for things to work. The total amount of energy within a chosen system is always the same (i.e. conserved). While energy cannot be created or destroyed, it can be transferred from one energy store to another during an event or process. In these processes, some energy may become less useful.
Matter	Matter is anything that has mass and occupies space. All matter in the Universe, living and non-living, is made up of very small particles called atoms. The behaviour and arrangement of the atoms explain the properties of different materials. We can better appreciate nature by understanding the structure and properties of matter.
Balance	Balance is achieved when opposing forces or influences act on a system to allow the system to be in equilibrium or in a steady state. Maintaining balance is important in living things and in ecosystems. We are able to design stable systems by understanding the mechanisms by which balance is achieved.
Change	Change is caused by interactions within and across systems, which may involve forces or the flow of matter and energy. Different types of interactions allow us to understand the behaviour of systems and make predictions on how changes in one factor affect the other factors in a system.

2.2.2 Practices of Science

Teachers are encouraged to provide opportunities (e.g., hands-on activities, case studies) for students to develop *Practices of Science* (see **Figure 3**). It is important to appreciate that the three components of the *Practices* are related.

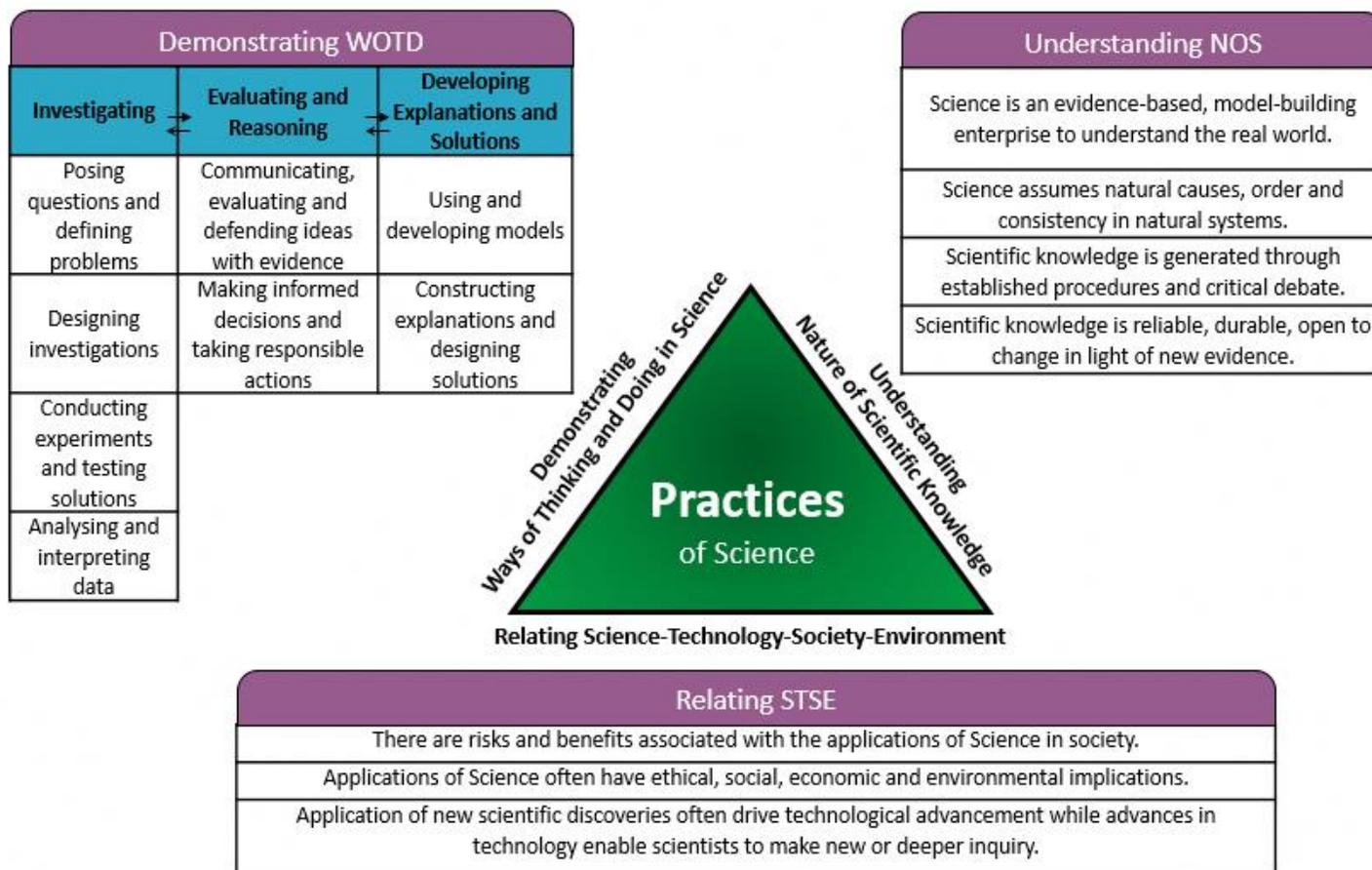


Figure 3: Practices of Science

In the N(T) Science classroom, students should be actively engaged in hands-on activities and ‘making’ projects which require them to work on real-world problems. As some of these activities will be held in the science laboratory, the topic on *Laboratory Measurements and Procedures* is introduced to heighten students’ awareness of safety in the laboratory and to increase their confidence in handling apparatus and instruments.

Details on each component of the *Practices* is provided below. In **Section 2.4**, a list of learning experiences is provided for each module. Teachers are encouraged to conduct the learning experiences to develop *Practices of Science* in students.

A. Demonstrating Ways of Thinking and Doing

The component on *Ways of Thinking and Doing* in Science illustrates the set of established procedures and practices associated with scientific inquiry to gather evidence and test ideas on how the natural world works. There are three broad, iterative domains of scientific activity: (i) investigating, (ii) evaluating and reasoning, and (iii) developing explanations and solutions.

(i) Investigating

W1. Posing questions and defining problems. Scientific questions initiate the drive to find out more about the natural and man-made world(s), such as what is and how it works. The applications of Science are motivated by finding solutions to problems. This also involves asking questions and scoping the problem so that it may be solved through the application of Science and technology.

W2. Designing investigations. Scientific investigations are often carried out as part of scientific inquiry into a phenomenon or testing of a theory or model that explains the world. In the applications of Science, investigations are also carried out to identify the most appropriate solution or determine how to improve on a technological system. Various criteria (e.g., fairness) are considered in planning investigations, including the general approach, the apparatus and equipment needed and type of data (qualitative/quantitative) needed.

W3. Conducting experiments and testing solutions. This involves the application of techniques, methods and understanding on a range of apparatus and equipment and/or apply methods.

W4. Analysing and interpreting data. Scientists are actively involved in organising and interpreting data to reveal any patterns and relationships that may serve as evidence for communicating to others. In the applications of Science, engineers make use of these evidences to decide on and/or predict the efficacy of a model or prototype.

(ii) Evaluating and Reasoning

W5. Communicating, evaluating and defending ideas with evidence. Practices in Science and technology involve clear and persuasive communication of ideas in various forms (e.g., orally, written, visual) and media (e.g., journal, newspaper, news). In the process, reasoning, argumentation and critique of ideas are practised, based on evidence, such that explanations

and designed solutions become acceptable within the scientific and technological communities.

W6. Making informed decisions and taking responsible actions. This involves identifying, analysing a situation competently and reflecting on the implication of decisions made based on various considerations (e.g., economic, social, environmental and ethical).

(iii) Developing Explanations and Solutions

W7. Using and developing models. Models are approximations of phenomena or systems that are based on evidence and hold potential for describing, explaining and predicting phenomena to aid scientific inquiry and/or analyse technological systems. Models may be revised if new evidence reveals existing limitations.

W8. Constructing explanations and designing solutions. Science strives to explain the causes of phenomena while scientific applications endeavour to solve problems. The process of constructive explanations and designing solutions are iterative and systematic.

B. Understanding the Nature of Scientific Knowledge

N1. Science is an evidence-based, model-building enterprise concerned with understanding the natural world. Science is a unique way of knowing which uses empirical standards, logical arguments, and sceptical reviews. It consists both a body of knowledge of natural systems and the processes used to refine, elaborate, revise, and extend this knowledge.

N2. Science assumes there are natural causes for physical phenomena and an order and consistency in natural systems. Scientists often use hypotheses to develop and test theories and explanations. They use models, mechanisms, and explanations as tools to develop scientific theories. Science assumes that objects and events in natural systems occur in consistent patterns that are understandable through measurement and observation. Scientific knowledge is based on the assumption that natural laws operate today as they did in the past and they will continue to do so in the future. Laws are regularities or descriptions of natural phenomena. A scientific theory is a substantiated explanation of an aspect of the natural world, based on a body of facts that has been repeatedly verified through observation and experiment. Theories are validated by the scientific community before they are accepted.

N3. Scientific knowledge is generated using a set of established procedures and practices, and through a process of critical debate within the scientific community. Collaboration by students in their Science learning echoes the social nature of Science for practising scientists. Just as professional scientists, students should present their work and ideas to others as part of the Science community. Creativity is essential in Science as with other ways of knowing. Students can be creative in Science as they develop multiple ways to observe and measure, when they propose inferences and suggest predictions, and when they stretch to develop more than one explanation for data.

N4. Scientific knowledge is reliable and durable, yet open to change in the light of new evidence. Scientific explanations are tentative and open to revision if sufficient evidence or

arguments can be provided. Scientific knowledge advances as old ideas are replaced by better explanations.

C. Relating Science-Technology-Society-Environment

R1. There are risks and benefits associated with the applications of Science in society. Science and its applications have the potential to bring about both benefits and harm to society.

R2. Applications of Science often have ethical, social, economic, and environmental implications.

R3. Applications of new scientific discoveries often inspire technological advancements while advances in technology motivate scientists to ask new questions and/or empower scientists in their inquiry (e.g., collecting more precise data or carrying out more complex data analysis).

2.2.3 Values, Ethics and Attitudes

In learning Science, the adoption of certain values, ethics and attitudes such as curiosity, creativity, integrity, objectivity, open-mindedness, resilience, responsibility and healthy scepticism is advocated. **Table 6** gives a description of each of the value, ethic and attitude.

Table 6: Values, Ethics and Attitudes in Science

Values, Ethics and Attitudes	Description
Curiosity	Desiring to explore the environment and question what is found.
Creativity	Seeking innovative and relevant ways to solve problems.
Integrity	Handling and communicating data and information with complete honesty.
Objectivity	Seeking data and information to validate observations and explanations without bias.
Open-mindedness	Accepting all knowledge as tentative and suspending judgment. Tolerance for ambiguity. Willingness to change views if the evidence is convincing.
Resilience	Not giving up on the pursuit for answers/solutions. Willingness to take risks and embrace failure as part of the learning process.
Responsibility	Showing care and concern for living things and awareness of our responsibility for the quality of the environment.
Healthy Scepticism	Questioning the observations, methods, processes and data, as well as trying to review one's own ideas.

The use of authentic and familiar contexts in the syllabus allow students to have discussions on social and ethical issues grounded in scientific knowledge.

2.3 Guide to the Syllabus

This section provides brief descriptions of the features of the syllabus found in **Section 2.4**.

Module 1

MACHINES AROUND US (I)

Overview

Machines around us help to make our lives easier. For example, we use an inclined plane, which is a simple machine, to reduce the amount of force required to push a luggage or a wheelchair.

When machines are used, energy conversions usually occur. Many machines operate on electricity. It is important for us to understand how various sources of energy can be tapped to generate electricity for machines to run and how we can use electricity safely. Some of the electrical energy supplied to machines may generate heat. The effects due to the heat may be positive or negative to us.

As machines play an important role in our lives, it is important to understand how and why they work, and appreciate the importance of reducing energy wastage, especially in Singapore.

Key Inquiry Questions

- How do we use forces and energy conversions to make our lives better?
- Why is it important to reduce energy wastage?
- How does electricity work and how can we use it safely?
- How do the effects of heat affect our lives?

Overview

Describe the “why” behind studying the module. The narrative facilitates students’ appreciation of why studying the module is relevant and important, and how through the learning, students will be able to make informed decisions and take responsible actions in their daily lives. It also highlights the interconnections between the topics in the module.

Key Inquiry Questions

Frame the study of the context and key concepts covered in the module. The use of these questions serves to facilitate the inquiry process in the teaching and learning of the topics in the module. It allows students to be inspired and to inquire about Science in their daily lives.

1. LABORATORY MEASUREMENTS AND PROCEDURES

Topic Description
Highlight some key concepts and Key Inquiry Questions

Topic Description

Scientific investigation is an integral part of learning science. To ensure the safety of ourselves and others working in the science laboratory, we must always observe the safety guidelines and learn the correct techniques of handling laboratory apparatus and instruments.

Measurements provide objective evidence for scientific investigation. They are also important for our daily lives. For example, we should take the correct volume of liquid medicine prescribed by our doctors when we are unwell.

Appropriate instruments should be used to take measurements of the physical quantities. However, there are some instances where an estimation of the quantity is **sufficient** for the intended purpose. To facilitate communication of quantities, both measurement and estimation should be recorded with appropriate units.

Key Inquiry Questions

- Why is it important to observe laboratory safety guidelines?
- Why is measurement important?

Learning Outcomes that bring about Core Ideas, Practices and Values, Ethics and Attitudes	Suggested Learning Experiences
(a) appreciate the importance of observing safety guidelines when working in the science laboratory (b) show responsibility for the safety of oneself and others working in the science laboratory by observing the safety guidelines (c) identify the hazard symbol for the following hazards: corrosive, flammable, irritant, and toxic to environment (d) use Bunsen burner safely and correctly in experiments (e) measure length, mass, temperature, time interval and volume of liquids/solids using appropriate instruments such as ruler, measuring tape, electronic balance, laboratory thermometer, digital stopwatch and measuring cylinder (f) record measurements of length, mass, temperature, time and volume using appropriate units (g) estimate length between 1 mm and 1 m (h) appreciate the importance of measurements in our daily lives and for scientific investigations (i) recognise that different instruments are used to measure different physical quantities	<ul style="list-style-type: none">• Topic 1 Guide• 1.1A My Safety Checklist• 1.1B Developing Your Understanding• 1.2A Handling Hazardous Substances• 1.2B Using the Bunsen Burner• 1.2C Developing Your Understanding• 1.3A Handy Hands• 1.3B My Body Ruler• 1.3C Measurements Around Us• 1.3D Investigating Claims• 1.3E Developing Your Understanding• Mastering Your Learning

2.4 Syllabus Content

1. LABORATORY MEASUREMENTS AND PROCEDURES

Topic Description

Scientific investigation is an integral part of learning science. To ensure the safety of ourselves and others working in the science laboratory, we must always observe the safety guidelines and learn the correct techniques of handling laboratory apparatus and instruments.

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Key Inquiry Questions

- Why is it important to observe laboratory safety guidelines?
- Why is measurement important?

Learning Outcomes that bring about Core Ideas, Practices and Values, Ethics and Attitudes	Suggested Learning Experiences
<p>(a) appreciate the importance of observing safety guidelines when working in the science laboratory</p> <p>(b) show responsibility for the safety of oneself and others working in the science laboratory by observing the safety guidelines</p> <p>(c) identify the hazard symbol for the following hazards: corrosive, flammable, irritant, and toxic to environment</p> <p>(d) use Bunsen burner safely and correctly in experiments</p> <p>(e) measure length, mass, temperature, time interval and volume of liquids/solids using appropriate instruments such as ruler, measuring tape, electronic balance, laboratory thermometer, digital stopwatch and measuring cylinder</p> <p>(f) record measurements of length, mass, temperature, time and volume using appropriate units</p> <p>(g) estimate length between 1 mm and 1 m</p> <p>(h) appreciate the importance of measurements in our daily lives and for scientific investigations</p> <p>(i) recognise that different instruments are used to measure different physical quantities</p>	<ul style="list-style-type: none">• Topic 1 Guide• 1.1A My Safety Checklist• 1.1B Developing Your Understanding• 1.2A Handling Hazardous Substances• 1.2B Using the Bunsen Burner• 1.2C Developing Your Understanding• 1.3A Handy Hands• 1.3B My Body Ruler• 1.3C Measurements Around Us• 1.3D Investigating Claims• 1.3E Developing Your Understanding• Mastering Your Learning

Module 1

MACHINES AROUND US (I)

Overview

Machines around us help to make our lives easier. For example, we use an inclined plane, which is a simple machine, to reduce the amount of force required to push a luggage or a wheelchair.

When machines are used, energy conversions usually occur. Many machines operate on electricity. It is important for us to understand how various sources of energy can be tapped to generate electricity for machines to run and how we can use electricity safely. Some of the electrical energy supplied to machines may generate heat. The effects due to the heat may be positive or negative to us.

As machines play an important role in our lives, it is important to understand how and why they work, and appreciate the importance of reducing energy wastage, especially in Singapore.

Key Inquiry Questions

- How do we use forces and energy conversions to make our lives better?
- Why is it important to reduce energy wastage?
- How does electricity work and how can we use it safely?
- How do the effects of heat affect our lives?

2. FORCE

Topic Description

A force is a push or a pull. There are different types of forces, such as frictional and gravitational force. Although forces cannot be seen, many of their effects are observed in our daily lives. For example, a box moving down a rough inclined plane experiences frictional force, and slows down. Hence, the box may **change** its state of motion when a force is exerted on it.

Our understanding of forces has enabled us to use machines to make our lives better. For instance, we can use a small force to lift a heavy load with the help of simple machines (e.g., lever).

Key Inquiry Question

- How do we use forces to make our lives better?

Suggested Core Idea

- Change

Learning Outcomes that bring about Core Ideas, Practices and Values, Ethics and Attitudes	Suggested Learning Experiences
<p>(a) identify the following actions of forces: lifting, pressing, stretching and twisting</p> <p>(b) identify and give examples of the following types of forces: elastic force, frictional force, gravitational force and magnetic force</p> <p>(c) state that the weight of an object is the gravitational force acting on the object</p> <p>(d) use newton as the unit of force</p> <p>(e) use spring balance to measure force</p> <p>(f) investigate and describe the following effects of force:</p> <p>(i) change in shape and/or size of an object</p> <p>(ii) change the state of rest or motion of an object (including change in speed and/or direction)</p> <p>(g) show an understanding of how frictional force depends on the texture of the two surfaces in contact and on the size of the forces exerted on the two surfaces</p> <p>(h) describe the effects of frictional force on an object</p> <p>(i) identify and give everyday examples of the following types of simple machines: inclined plane, lever (classes of lever are not required) and pulley</p> <p>(j) investigate how simple machines (inclined plane, lever and pulley) can make lifting a load easier</p> <p>(k) appreciate science for its usefulness in improving quality of life: knowledge of forces helps us understand how machines work</p>	<ul style="list-style-type: none"> • Topic 2 Guide • 2.1A Cotton Ball Shooter • 2.1B Developing Your Understanding • 2.2A Effects of Forces • 2.2B Developing Your Understanding • 2.3A Stopping Distance of Coins • 2.3B Developing Your Understanding • 2.4A Lever • 2.4B Inclined Plane • 2.4C Pulley • 2.4D Developing Your Understanding • Mastering Your Learning

3. ENERGY

Topic Description

Energy is the ability to do work and it takes different forms. When machines are in use, energy may **change** from one form to another. For example, a bus converts potential energy of diesel to kinetic, heat and sound energy.

As energy cannot be created, we need to tap on various sources of energy to power our machines. Fossil fuel is currently a common primary energy source. However, it will be depleted one day and burning of fuels produces carbon dioxide, which may contribute to global warming. Thus, we should reduce energy wastage and explore renewable sources of energy.

Key Inquiry Questions

- How do we use energy conversions to make our lives better?
- Why is it important to reduce energy wastage?

Suggested Core Ideas

- Change
- Energy

Learning Outcomes that bring about Core Ideas, Practices and Values, Ethics and Attitudes	Suggested Learning Experiences
(a) identify and give everyday examples of the following forms of energy: electrical energy, heat energy, kinetic energy, light energy, potential energy (specific terms, such as gravitational potential energy, are not required) and sound energy (b) state that energy cannot be created or destroyed and can be converted from one form to another (c) describe energy conversions in everyday situations (d) name fossil fuels (coal, crude oil and natural gas) as non-renewable sources of energy (e) name biomass, hydropower, sun and wind as renewable sources of energy (f) state advantages and disadvantages of using non-renewable sources of energy (coal, crude oil and natural gas) and renewable sources of energy (biomass, hydropower, sun and wind) (g) state that carbon dioxide is a greenhouse gas and may contribute to global warming (h) recognise ways and appreciate the need to reduce energy wastage (i) show care and concern for the environment by reducing energy wastage in daily life (j) appreciate science for its usefulness in improving quality of life: knowledge of energy helps us understand how machines work	<ul style="list-style-type: none"> • Topic 3 Guide • 3.1A Developing Your Understanding • 3.2A Shooting Gallery • 3.2B Developing Your Understanding • 3.3A Renewable Energy Machine • 3.3B Developing Your Understanding • 3.4A Developing Your Understanding • Mastering Your Learning

4. ELECTRICITY

Topic Description

Electricity can be used to perform many tasks in our daily lives. Many machines are designed to convert electrical **energy** to other forms of energy to make our lives better. To explain how electrical **systems** work, we need to recognise that the flow of electric charges, which have electrical energy, results in a current and that the size of the current is affected by the arrangement of components in the circuit.

Electricity is usually generated at power stations and transmitted over long distances to our machines. As the voltage of the mains supply is high, improper use of electricity can pose danger to our lives. It is hence important to take precautionary measures and use safety features to avoid the hazards of using electricity.

Key Inquiry Question

- How does electricity work and how can we use it safely?

Suggested Core Ideas

- Energy
- System

Learning Outcomes that bring about Core Ideas, Practices and Values, Ethics and Attitudes	Suggested Learning Experiences
<ul style="list-style-type: none"> (a) describe electrical energy as a useful form of energy in our daily lives (b) state that the flow of electrical charges in a closed circuit gives rise to a current (c) state that voltage is required for current (d) state that resistance opposes current (e) use the following units for electrical quantities: <ul style="list-style-type: none"> (i) ampere for current (ii) volt for voltage (iii) ohm for resistance (f) identify series and parallel circuits (g) use ammeter to measure current and voltmeter to measure voltage (h) draw and interpret circuit diagrams, and set up circuits, with power sources (cell or battery), switches, lamps, fixed resistors, ammeters and voltmeters (i) investigate how the number of cells (arranged in series) and the number of lamps (arranged in series/parallel) affect the current in a circuit (j) describe the generation and transmission of electricity with reference to the energy conversions that take place in power stations (k) state that voltage supplied to homes in Singapore is 230 V 	<ul style="list-style-type: none"> • Topic 4 Guide • 4.1A In Case of a Power Outage • 4.1B Electricity from Lemons! • 4.1C Developing Your Understanding • 4.2A Measuring Current • 4.2B Measuring Voltage • 4.2C Investigating How the Current in a Circuit Is Affected by the Number of Resistors • 4.2D Investigating How the Current in a Circuit Is Affected by the Number of Electric Cells • 4.2E Investigating How the Current in a Circuit Is Affected by the Number of Lamps in Series and in Parallel • 4.2F Developing Your Understanding • 4.3A Developing Your Understanding

- (l) state the hazards of using electricity and precautionary measures in the following situations:
 - (i) damaged insulation
 - (ii) damp conditions
 - (iii) overloaded circuits
 - (iv) using appliances with voltage ratings lower than the voltage of mains supply
- (m) name the following safety features in our household electrical systems: circuit breakers, fuses and earth wire
- (n) explain the use of circuit breakers and fuses in electrical circuits
- (o) describe the wiring in a mains plug (live, neutral and earth wires)
- (p) show care and concern for the safety of oneself and others by avoiding hazards of using electricity
- (q) show care and concern for the environment by using electricity responsibly to reduce wastage
- (r) appreciate science for its usefulness in improving quality of life: knowledge of electricity helps us power machines

- [Mastering Your Learning](#)

5. HEAT

Topic Description

Heat and its effects are often encountered in our daily lives. Some of the energy supplied to machines (e.g., electric kettle) is usually converted to heat, which flows from the hotter region (e.g., heating element of the kettle) to the colder region of the machine (e.g., outer casing of the kettle). As a result, the colder region gains heat, becomes hotter and expands while the hotter region loses heat, becomes colder and contracts. Depending on the types of machines, these **changes** due to the flow of heat **energy** might be useful or undesirable to us. It is hence important to consider heat and its effects when using machines to ensure our safety, and when designing machines to ensure they function effectively.

Key Inquiry Question

- How do the effects of heat affect our lives?

Suggested Core Ideas

- Change
- Energy

Learning Outcomes that bring about Core Ideas, Practices and Values, Ethics and Attitudes	Suggested Learning Experiences
<p>(a) show an understanding that temperature is a measure of the degree of hotness of an object</p> <p>(b) use laboratory thermometer or data logger with temperature sensor to measure temperature</p> <p>(c) show an understanding that heat is a form of energy that flows from a region of higher temperature to a region of lower temperature until both regions reach the same temperature</p> <p>(d) relate the change in temperature of an object to heat gain/loss by the object</p> <p>(e) describe some everyday effects and applications of expansion and contraction (e.g. buckling of railway track, use of bimetallic strip in a thermostat - details of the construction and operation of a thermostat are not required)</p> <p>(f) state that the function of a thermostat is to maintain temperature</p> <p>(g) describe the importance of heat in our daily lives</p> <p>(h) appreciate science for its usefulness in improving quality of life: knowledge of heat helps us tap on its usefulness and reduce its harmful effects</p>	<ul style="list-style-type: none"> • Topic 5 Guide • 5.1A Developing Your Understanding • 5.2A Hot, Hotter, Hottest • 5.2B Which Egg Will Be More Cooked? [Teacher Demonstration] • 5.2C Heat Exchange • 5.2D Developing Your Understanding • 5.3A Expansion and Contraction of Solids • 5.3B Contraction and Expansion of Liquids • 5.3C Contraction and Expansion of Gases • 5.3D Bimetallic Strip – How It Works • 5.3E Developing Your Understanding • Mastering Your Learning

Module 2

OUR ENVIRONMENT

Overview

In our daily lives, we interact with our environment, which includes matter (e.g., mixtures) that we use, the water that we drink and the air that we breathe. Knowing the properties of matter has many uses. For example, the knowledge that oil is less dense than water helps us decide what to do during oil spills; knowing the acidity of rain can inform us of the air quality.

Water and air are important matter in our environment. Without clean water and air, our survival will be threatened. We should therefore consider the effects of water and air pollution on the environment and our health. To reduce pollution, we will need to know the sources of pollution and how we can play a part to have clean water and air.

Key Inquiry Questions

- How can matter be classified?
- What impact do our activities have on the environment?

6. MATTER

Topic Description

Matter is anything that has mass and occupies space. Matter can be described according to their properties, such as density, acidity/alkalinity and solubility. The different properties of matter allow us to distinguish and use them for different purposes. Despite the great **diversity** of matter, we can identify **patterns** in their properties and use the patterns to classify them (e.g., soluble or insoluble solids; acids or alkalis).

Due to interactions between matter, it is common to find mixtures in our environment. By knowing the properties of matter and interactions between matter, we can **change** and separate a mixture to get specific substances.

Key Inquiry Question

- How can matter be classified?

Suggested Core Ideas

- Change
- Diversity
- Matter
- Pattern

Learning Outcomes that bring about Core Ideas, Practices and Values, Ethics and Attitudes	Suggested Learning Experiences
<p>(a) show an understanding of how matter changes from one state to another:</p> <ul style="list-style-type: none"> (i) melting (solid to liquid) (ii) boiling/evaporation (liquid to gas) (iii) condensation (gas to liquid) (iv) freezing (liquid to solid) <p>(b) investigate and show an understanding of how the density of an object depends on its mass and volume (formula for density is not required)</p> <p>(c) deduce whether an object will float or sink by comparing its density with that of its surrounding medium</p> <p>(d) describe acidity, neutrality and alkalinity using the pH scale (whole number only)</p> <p>(e) show an understanding that indicators change colour when added to an acid or alkali</p> <p>(f) investigate the effect of acidic, neutral and alkaline solutions on indicators (litmus paper and universal indicator)</p> <p>(g) show an understanding that a mixture is made up of two or more substances and each of these substances can be obtained by separation techniques</p> <p>(h) distinguish among solute, solvent and solution</p>	<ul style="list-style-type: none"> • Topic 6 Guide • 6.1A Three States of Matter [Teacher Demonstration] • 6.1B Developing Your Understanding • 6.1C Does it Float or Sink? • 6.1D How to Make an Object Float • 6.1E Developing Your Understanding • 6.2A Properties of Solutions and Suspensions • 6.2B Types of Solvents and Solutes • 6.2C Factors Affecting the Rate of Dissolving Sugar in a Fixed Volume of Water • 6.2D Developing Your Understanding • 6.2E Identifying Acidic, Alkaline, and Neutral Solutions (I)

- (i) give examples of uses of solvents and solutions
- (j) investigate how solubility of substances depends on:
 - (i) temperature
 - (ii) type of solute
 - (iii) type of solvent
- (k) investigate how rate of dissolving of substances depends on:
 - (i) stirring
 - (ii) surface area of solute
 - (iii) temperature
- (l) distinguish between solutions and suspensions using simple laboratory tests (e.g. passing a beam of light, filtering using filter paper)
- (m) investigate how evaporation to dryness, filtration and magnetic separation can be used to obtain each substance in a mixture

- [6.2F Identifying Acidic, Alkaline, and Neutral Solutions \(II\)](#)
- [6.2G Developing Your Understanding](#)
- [6.3A Separation Techniques](#)
- [6.3B Developing Your Understanding](#)
- [Mastering Your Learning](#)

7. WATER POLLUTION

Topic Description

Water is an important **matter** in our environment. Human activities **change** the quality of water, affecting aquatic plants, animals and our health.

Given that Singapore has limited water resources and is surrounded by water bodies, we should appreciate that every action we take will have an impact on the quality of water. Pollution of inland water bodies such as the reservoirs will have impact on our drinking water, while pollution of coastal water bodies will have impact on our recreational water activities.

Understanding interactions between our environment and us allows us to appreciate how changes in our actions can affect the quality of water. To ensure our survival, it is important for our environment to be in a state of **balance**.

Key Inquiry Question

- What impact do our activities have on water quality?

Suggested Core Ideas

- Balance
- Change
- Matter

Learning Outcomes that bring about Core Ideas, Practices and Values, Ethics and Attitudes	Suggested Learning Experiences
<ul style="list-style-type: none"> (a) appreciate the importance of clean water for humans and for the environment (b) recognise that water is an important matter that can be polluted by human activities (c) describe some human activities that cause water pollution (e.g. discharging untreated industrial waste and sewage, disposing litter, oil spill, runoff containing fertiliser/pesticide) (d) describe how water pollution affects living things (e) show care and concern for the environment by reducing water pollution in daily life (f) appreciate science for its usefulness in improving quality of life: knowledge of science (e.g. separation techniques) has helped Singapore to build a sustainable water supply and to produce water safe to drink (e.g. recycling used water) 	<ul style="list-style-type: none"> • Topic 7 Guide • 7.1A Let's Build a Mini Rain Garden! • 7.1B Developing Your Understanding • 7.2A Effects of Oil Spill on Plants • 7.2B Developing Your Understanding • 7.3A Developing Your Understanding • Mastering Your Learning

8. AIR POLLUTION

Topic Description

Air is an important **matter** in our environment. Natural and human activities **change** the amount of pollutants in air, affecting our health and our environment. It is hence important to know about the common air pollutants and their sources.

Rapid industrialisation in Singapore and our modern lifestyle have created a high demand for energy. The burning of fossil fuels for electricity generation and use have led to greater emission of air pollutants. Besides these, smoke haze from forest fires in the region also affects our air quality intermittently.

Understanding interactions between our environment and us allows us to appreciate how changes in our actions can affect the quality of air. To ensure our survival, it is important for our environment to be in a state of **balance**.

Key Inquiry Question

- What impact do our activities have on air quality?

Suggested Core Ideas

- Balance
- Change
- Matter

Learning Outcomes that bring about Core Ideas, Practices and Values, Ethics and Attitudes	Suggested Learning Experiences
<p>(a) appreciate the importance of clean air for humans and for the environment</p> <p>(b) recognise that air is an important matter that can be polluted by human activities and natural phenomena</p> <p>(c) name some common air pollutants (e.g. carbon monoxide, nitrogen oxides, particulate matter, sulfur dioxide)</p> <p>(d) state the sources of these air pollutants:</p> <ul style="list-style-type: none"> (i) carbon monoxide from incomplete burning of fossil fuels (ii) nitrogen oxides from lightning activity and burning of nitrogen in hot engine (iii) particulate matter from forest fire and burning of fossil fuels (iv) sulfur dioxide from volcano and burning of fossil fuels <p>(e) state the following effects of air pollutants on health and on the environment:</p> <ul style="list-style-type: none"> (i) formation of acid rain due to nitrogen oxides and sulfur dioxide (ii) poisonous nature of carbon monoxide 	<ul style="list-style-type: none"> • Topic 8 Guide • 8.1A Developing Your Understanding • 8.2A Who Should be Responsible (I)? • 8.2B Who Should be Responsible (II)? • 8.2C Developing Your Understanding • 8.3A Effects of Acid Rain (I) • 8.3B Effects of Acid Rain (II) • 8.3C Effects of Haze • 8.3D Developing Your Understanding • 8.4A Let's Do Our Part! • 8.4B Developing Your Understanding • Mastering Your Learning

<p>(iii) respiratory problems due to breathing in of carbon monoxide, nitrogen oxides, particulate matter and sulfur dioxide</p> <p>(f) state the effects of acid rain on buildings and living things</p> <p>(g) state that Pollutant Standards Index (PSI) measures the air quality</p> <p>(h) state the effects of haze on our daily lives</p> <p>(i) show care and concern for the environment by reducing air pollution in daily life</p>	
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Module 3

OUR BODY AND HEALTH (I)

Overview

Our body is made up of different systems that work together to keep us alive. For example, our digestive, respiratory and circulatory systems work together to release energy from the food we eat. Our bloodstream carries digested food substances and oxygen taken in by our respiratory system to all parts of our body, where respiration takes place. The energy released allows our cells, which are the basic building blocks of our body, to function healthily. Our reproductive system, which matures during puberty, ensures the continuity of humans. However, our health and the continuity of humans are affected by our choices and actions. Engaging in pre-marital/casual sex may cause us to contract sexually transmitted infections, which might then affect our ability to reproduce. Engaging in drug abuse, alcohol abuse or smoking can affect the nervous system and other systems in our body too.

Key Inquiry Questions

- What are the basic building blocks of living things?
- How do we get the energy from food to live, work and play?
- How do we reproduce?
- How can we take good care of our body?

9. CELLS

Topic Description

Cells are the basic building blocks of our bodies. We need a light microscope to observe them and their **structures** as they are too small to be seen with our naked eyes.

Our bodies function efficiently because there are different types of cells in our bodies performing specific functions. Groups of cells, which is a collection of tissues, form an organ and a group of organs form a system. Different **systems** in our bodies work together to keep us alive.

Key Inquiry Question

- What are the basic building blocks of living things?

Suggested Core Ideas

- Structure
- System

Learning Outcomes that bring about Core Ideas, Practices and Values, Ethics and Attitudes	Suggested Learning Experiences
<ul style="list-style-type: none"> (a) state that all living things are made up of cells, which are the basic units of life (b) use light microscope safely and correctly (c) draw and label the main parts of an animal cell (cell membrane, cytoplasm and nucleus) (d) state the functions of the main parts of an animal cell (cell membrane, cytoplasm and nucleus) (e) state that genes determine the traits of humans (f) show an understanding that the traits of humans are passed from parents to children (g) describe the specific functions of bone cells, muscle cells and red blood cells (h) explain how having different types of cells in the body helps the body to function efficiently (i) describe how cells in the body are organised into tissues, organs and systems (j) show an awareness of the ethical and social issues related to the donation/sale of human cells (e.g. egg/sperm), tissues (e.g. blood) and organs (e.g. liver) 	<ul style="list-style-type: none"> • Topic 9 Guide • 9.1A What Are We Made up of? • 9.1B Developing Your Understanding • 9.2A Model of a Cell • 9.2B Which Traits Are Common? • 9.2C Developing Your Understanding • 9.3A Developing Your Understanding • 9.4A Issues of Cell, Tissue and Organ Donation • 9.4B Developing Your Understanding • Mastering Your Learning

10. GETTING ENERGY AND NUTRIENTS FROM FOOD

Topic Description

We need food to survive. Food provides energy required by our bodies, and nutrients to help our bodies to grow and repair ourselves.

Our digestive system breaks down the food we eat into smaller substances with the help of enzymes. Our circulatory system then carries the digested food to other parts of the body, where respiration takes place to release **energy** from the digested food. Different **systems** in our bodies work together to release energy and nutrients to allow us to live, work and play.

Key Inquiry Question

- How do we get the energy from food to live, work and play?

Suggested Core Ideas

- Energy
- System

Learning Outcomes that bring about Core Ideas, Practices and Values, Ethics and Attitudes	Suggested Learning Experiences
<ul style="list-style-type: none"> (a) state the importance of digested food as a source of energy and nutrients for building and repairing body tissues (b) state that food is broken down into smaller substances during digestion (c) describe how the mouth, stomach and small intestine of the human digestive system help in the digestion of carbohydrates, proteins and fats (d) investigate the role of enzymes in the digestion of food (names of enzymes are not required) (e) state that digested food is carried by the blood to the other parts of the human body (f) state that oxygen is required to release energy from digested food, and carbon dioxide and water are produced, during respiration (g) describe how the human digestive, respiratory and circulatory systems interact to release energy from food (h) recognise the health risks of undereating and overeating (i) appreciate the importance of not wasting food in relation to energy wastage 	<ul style="list-style-type: none"> • Topic 10 Guide • 10.1A How Much Food Should I Eat? • 10.1B How Should I Reduce Food Wastage? • 10.1C Developing Your Understanding • 10.2A Enzyme Action on Starch Solution • 10.2B Digestion in the Stomach • 10.2C The Pathway of Food Digestion • 10.2D Developing Your Understanding • 10.3A Developing Your Understanding • Mastering Your Learning

11. HUMAN REPRODUCTION

Topic Description

Reproduction is an essential life process to ensure the continuity of humans. We become capable of reproduction after **changes** occur to our body during puberty. For reproduction to be carried out, different reproductive organs must work together as a **system**. Each of these reproductive organs has its specific functions, and they interact and influence each other. With the advancement in science and technology, we can also try to decrease or increase the chances for pregnancy.

Our health can be affected by infections. These infections can be caused by harmful bacteria or viruses that interact with our body. Sexually transmitted infections (STIs) is one such example. STIs caused by bacteria can be cured by antibiotics but not those caused by viruses. Hence, it is important for us to know how our actions will impact our health.

Key Inquiry Question

- How do we reproduce?

Suggested Core Ideas

- Change
- System

Learning Outcomes that bring about Core Ideas, Practices and Values, Ethics and Attitudes	Suggested Learning Experiences
<ul style="list-style-type: none"> (a) state the physical changes that occur during puberty (b) identify the organs in the human male reproductive system (testes, sperm ducts, urethra and penis) and describe their functions (c) identify the organs in the human female reproductive system (ovaries, fallopian tubes, uterus, cervix and vagina) and describe their functions (d) describe the menstrual cycle (e) describe the process of fertilisation in humans (f) recognise the following forms of facilitated reproduction: artificial insemination and in-vitro fertilisation (g) state and explain how some temporary methods (e.g. use of condom/diaphragm) and permanent methods of birth control (e.g. vasectomy/ligation) prevent pregnancy (h) state how sexually transmitted infections can spread (i) state that sexually transmitted infections can be caused by bacteria or viruses (e.g. gonorrhoea and syphilis by bacteria; AIDS by virus) 	<ul style="list-style-type: none"> • Topic 11 Guide • 11.1A Developing Your Understanding • 11.2A Age of Puberty • 11.2B Developing Your Understanding • 11.3A Facilitated Reproduction • 11.3B Developing Your Understanding • 11.4A Antibiotics and Sexually Transmitted Infections (STIs) • 11.4B Consequences of Pre-marital Sex • 11.4C Developing Your Understanding • Mastering Your Learning

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| <ul style="list-style-type: none">(j) state that some sexually transmitted infections caused by bacteria can be cured by antibiotics, but not those caused by viruses(k) recognise that temporary methods of birth control are not 100% effective in preventing pregnancy and in the spread of sexually transmitted infections(l) recognise the possible consequences of abortion and pre-marital/casual sex | |
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12. TAKING GOOD CARE OF MY BODY

Topic Description

Our health is affected by our lifestyle choices. Drug abuse, excessive consumption of alcohol and smoking will severely affect the condition of our bodies as drugs, alcohol and tobacco smoke interact with our bodies, causing our circulatory, digestive, nervous and respiratory systems to undergo undesirable **changes**. Understanding the harmful consequences of such activities can help us make informed decisions in maintaining good health.

Key Inquiry Question

- How can we take good care of our body?

Suggested Core Idea

- Change

Learning Outcomes that bring about Core Ideas, Practices and Values, Ethics and Attitudes	Suggested Learning Experiences
<p>(a) state the function of the human nervous system and its parts (brain, spinal cord and nerves)</p> <p>(b) describe the harmful effects of drug abuse on the human nervous system, and recognise the consequences of drug abuse on the individuals (e.g. depression), families (e.g. physical abuse) and the society (e.g. crime)</p> <p>(c) describe the harmful effects of alcohol abuse on the human digestive and nervous systems, and recognise the consequences of alcohol abuse on the individuals (e.g. liver damage), families (e.g. physical abuse) and the society (e.g. crime)</p> <p>(d) name some harmful substances in tobacco smoke (e.g. carbon monoxide, nicotine, tar)</p> <p>(e) describe the harmful effects of smoking on the human circulatory, nervous and respiratory systems, and recognise the consequences of smoking on the individuals (e.g. bronchitis), families and the society (e.g. effects of passive smoking)</p> <p>(f) recognise ways to avoid drug abuse, alcohol abuse and smoking</p> <p>(g) show care and concern for personal health by avoiding drug abuse, alcohol abuse and smoking</p>	<ul style="list-style-type: none"> • Topic 12 Guide • 12.1A Developing Your Understanding • 12.2A Consequences of Drug Abuse • 12.2B Developing Your Understanding • 12.3A Consequences of Drinking Too Much Alcohol • 12.3B Developing Your Understanding • 12.4A What Happens During Smoking [Teacher Demonstration] • 12.4B Developing Your Understanding • Mastering Your Learning

SECTION 3: PEDAGOGY

Teaching and Learning of Science
Students as Inquirers
Blended Learning
Teachers as Facilitators
Use of ICT
Designing STEM Learning Experiences in Science

3. PEDAGOGY

3.1 Teaching and Learning of Science

The starting point for the Science curriculum is that every child wants to and can learn. Hence, as part of our fraternity's education philosophy, we embrace the belief that all children are curious about and want to explore the things around them. The Science curriculum leverages and seeks to fuel this spirit of curiosity. To nurture students as inquirers, teachers are key in facilitating a variety of learning experiences to support students in understanding *Core Ideas*, developing *Practices of Science* and cultivating *Values, Ethics and Attitudes*. These experiences can be situated in authentic contexts in both formal and informal learning platforms. The experiences should inspire students to inquire and innovate. Teachers can better design and enact engaging learning experiences by drawing on the Knowledge Bases (for Subject Matter and Goals, refer to **Sections 1 and 2**) and Pedagogical Practices in the Singapore Teaching Practice (STP). Students should also be provided with opportunities to reflect on their own learning progress and act on feedback provided by teachers as part of assessment for learning (AfL).

3.2 Students as Inquirers

For students to be inquirers, their thinking skills and dispositions should be developed as part of their learning experiences. Students can be provided with learning experiences centred on authentic contexts that allow them to pose questions, be involved in discussions on socio-scientific issues, or be engaged in problem solving. Through these learning experiences, students are encouraged to

- ask questions as they engage with an event, phenomenon, problem or issue. They ask questions which they are interested to find out. The questions can guide the design of investigations, from which they draw valid conclusions.
- gather evidence to respond to their questions. They gather evidence through observations and collect qualitative or quantitative data using simple instruments. After the data collection, they present the evidence in appropriate forms (e.g., tables, charts, graphs) to facilitate the analysis of patterns and relationships. Students can also use the Internet to source for information.
- formulate explanations based on the evidences gathered. They explain using their own ways, based on the evidence gathered (e.g., qualitative descriptions of observations or quantitative data collected over a time interval).
- connect their explanations to various contexts. They explain how the concepts are related or applied in various examples and contexts around them. This helps them to appreciate how Science is relevant in everyday life.

- communicate and justify their explanations. They communicate using various types of representations. For example, they can use texts, drawings, charts, tables, graphs or a combination of representations to support their explanations.
- reflect on their learning and progress. They can reflect on their learning (e.g., what they have learnt, how they would like to improve, what they are curious about) in different ways (e.g., ask questions, write journals). These reflections help them take greater ownership of their own learning and develop deeper conceptual understanding.

3.3 Blended Learning

3.3.1 Why Blended Learning?

Blended Learning in MOE’s context transforms our students’ educational experience by providing them with a more seamless blending of different modes of learning. The key intended student outcomes are to nurture (i) self-directed and independent learners; and (ii) passionate and intrinsically motivated learners.

An aspect of Blended Learning is the integration of home-based learning (HBL) as a regular feature of the schooling experience. HBL can be a valuable complement to in-person schooling. Regular HBL can equip students with stronger abilities, dispositions and habits for independent and lifelong learning, in line with MOE’s Learn for Life movement.

Blended Learning presents an opportunity to re-think curriculum and assessment design and innovate pedagogies for a more effective and student-centric educational experience. It involves giving students more ownership and agency over how they learn, at a pace they are comfortable with. It also offers scope for teachers to tap the advantages of both in-person learning and distance learning to plan lessons best suited to each mode of learning opportunity.

3.3.2 What is Blended Learning?

Blended Learning provides students with a broad range of learning experiences (see **Figure 4**).



Figure 4: Examples of Blended Learning experiences

Table 7: Elaboration of possible Blended Learning experiences

Possible Blended Learning Experiences	What This Means
Structured/Unstructured learning	A combination of structured time for students to learn within a given time frame and unstructured time for students to learn at their own pace and exercise self-management
Synchronous/Asynchronous learning	A combination of in-person schooling, live online lessons and online/offline learning where students learn remotely and at their own pace.
Within-curriculum/Out-of-curriculum learning	Opportunities for students to learn from and beyond the formal curriculum
Distance/In-person learning	Opportunities for students to learn during face-to-face lessons with teachers and peers in school, complemented by out-of-school learning activities
ICT-mediated/Non-ICT-mediated learning	Opportunities for students to learn through a combination of ICT-mediated and non-ICT-mediated learning experiences

3.4 Teachers as Facilitators

In the teaching and learning process, teachers play an important role in stimulating students' curiosity, as well as encouraging students to see the value of science and its applications in their everyday lives. This can be done through the contextualised learning approach where teachers use the contexts in the modules to facilitate students' understanding and appreciation of the relevance of scientific concepts in their daily lives.

To do these, teachers should ensure that the learning experiences provided for students go beyond learning facts and outcomes of scientific investigations. Teachers should play the role of facilitators to support students as inquirers.

As facilitators, teachers should:

- provide students with opportunities to ask questions about events/ phenomena/problems/ issues that are related to their daily lives, society and environment;
- support students in gathering and using evidence;
- encourage students to formulate and communicate explanations based on evidence gathered;
- encourage students to apply concepts learnt in understanding daily events/ phenomena, finding solutions to problems/ issues and creating products; and

- check on students’ understanding to ascertain if learning has taken place and provide appropriate and meaningful feedback to address students’ learning gaps.

The *Pedagogical Practices* in the STP, as shown in **Figure 5**, comprise four core *Teaching Processes* which lie at the heart of good teaching. Teachers can refer to the *Teaching Processes* and relevant *Teaching Areas* under each process to guide them in the design and enactment of students’ learning experiences. To design student-centred learning experiences, teachers will need to consider student profiles, readiness and needs as they transit from primary to lower secondary, as well as understand the interest and aspirations of these students as they progress to the next stage of studies and the future workplace.

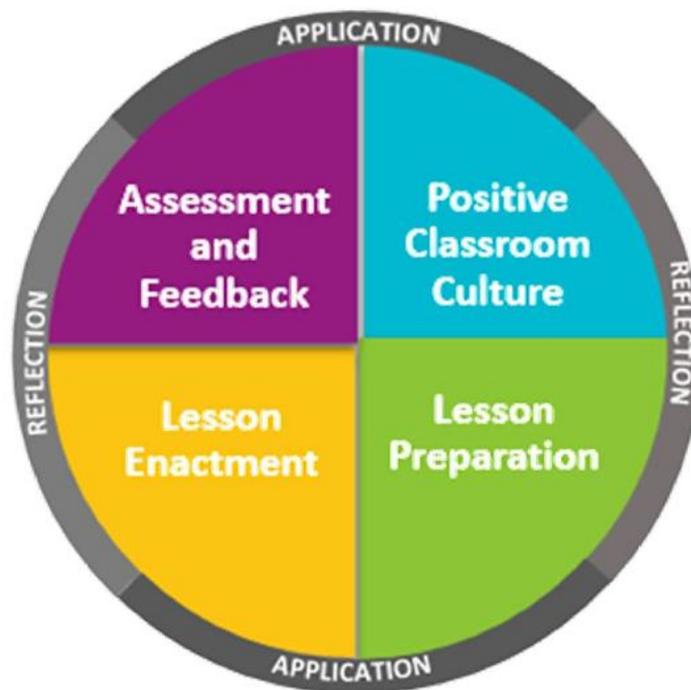


Figure 5: Pedagogical Practices depicted in STP

3.5 Use of ICT

Integrating ICT can enhance teaching and learning practices in the science classroom. Teachers are encouraged to harness:

- e-pedagogy principles for lesson design;
- technology for active learning; and
- technology for assessment and feedback.

3.5.1 e-Pedagogy Principles for Lesson Design

What is e-Pedagogy?

e-Pedagogy enables teachers to use technology effectively to nurture future-ready learners with sound character and values, equipped with 21st Century Competencies and Digital

Literacy and Technological Skills (DLTS). Teachers should harness emerging technologies, including AI, to augment human intelligence, ensuring students maintain control over their sense of purpose, motivation, and ability to regulate their own learning as lifelong learners.

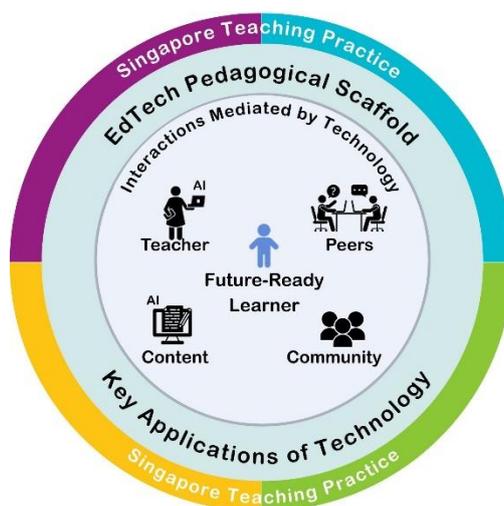


Figure 6: Overview of e-Pedagogy

In designing for active learning with technology to achieve the intended learning outcomes of the Science Curriculum Framework and Science syllabus, teachers are guided by the **EdTech Pedagogical Scaffold (EdTech PS)** and the **Key Applications of Technology (KAT)**, based on the key principles of learning, and pedagogical and technological affordances outlined in STP.

3.5.2 Technology for Active Learning

Beyond the use of digital resources, there is a need to evaluate and select appropriate technological tools based on their pedagogical affordances and apply technologies to support active learning in science. For example, online collaboration tools can be used by teachers to facilitate students' co-construction of knowledge through scientific experimentation/ investigations (inquiry-based learning) or discussion of science-related issues.

3.5.3 Technology for Assessment and Feedback

Meaningful integration of technology also supports teacher-student interactions. When students are given opportunities to demonstrate their understanding in multi-modal ways, supported by technology, rich learning data is available for assessment and feedback. In designing AfL items in SLS, teachers should invite a range of different response strategies in order to assess students' learning and use the monitoring features to understand students' learning gaps, provide timely feedback and track their learning progress.

3.6 Designing STEM Learning Experiences in Science

STEM education seeks to strengthen the interest and capabilities of our students in STEM to prepare them for an increasingly complex and uncertain world. We want our students to be curious about the world around them, to think creatively and critically in solving problems,

and be concerned citizens who make a difference in society. These are in line with the goals of Science Education.

When designing STEM learning experiences, consider two aspects: 1) level of integration and 2) level of application. These two aspects lie on a continuum as illustrated in **Figure 7**.

Level of integration	<p><i>Disciplinary</i></p> <ul style="list-style-type: none"> • Learning is anchored within a discipline. 	←→	<p><i>Integrative</i></p> <ul style="list-style-type: none"> • Learning involves integration of concepts/skills across two or more STEM disciplines.
Level of application	<p><i>Learning knowledge and skills through real-world examples</i></p> <ul style="list-style-type: none"> • Use of real-world examples to illustrate concepts. • Involves application of knowledge/skills to solve simplified/routine problems set in real-world contexts. 	←→	<p><i>Creative application of knowledge and skills in real-world contexts</i></p> <ul style="list-style-type: none"> • Creative application of knowledge and skills (e.g., in ideating and making) to address real-world issues. • Involves application of knowledge/skills to solve complex real-world problems.

Figure 7: Design considerations for STEM Learning

SECTION 4: ASSESSMENT

Purposes of Assessment
Assessing Lower Secondary Science Normal (Technical)

4. ASSESSMENT

4.1 Purposes of Assessment

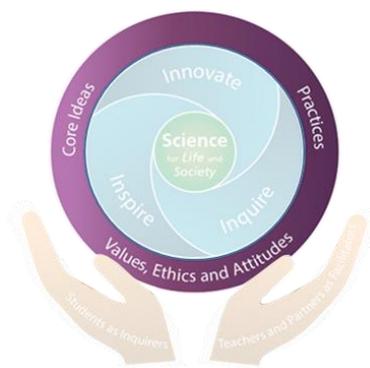
Assessment is the process of gathering and analysing evidence about student learning to make appropriate decisions and enhance learning. Assessment is integral to the teaching and learning process. In designing assessments, we need to have **clarity of purpose**. Assessment measures the extent to which desired knowledge, skills and attitudes are attained by students. It should produce both quantitative and qualitative descriptions of a student's progress and development that can be analysed and used to provide feedback for improving future practices.

- Assessment provides feedback to **students**. It allows them to understand their strengths and weaknesses. Through assessment, students can monitor their own performance and progress. It also points them in the direction they should go to improve further. The use of feedback in this way helps students work towards mastering their 21CC.
- Assessment provides feedback to **teachers**. It enables them to understand the strengths and weaknesses of their students. It provides information about students' attainment of learning outcomes (which includes 21CC development) as well as the effectiveness of their teaching.
- Assessment provides feedback to **schools**. The information gathered facilitates the placement of students in the appropriate course, and the promotion of students from one level to the next. It is one of the ways for schools to review the effectiveness of their instructional programme.
- Assessment provides feedback to **parents**. It allows them to monitor their child's attainment and progress through the information obtained.

4.2 Assessing Lower Secondary Science Normal (Technical)

What to Assess?

The Lower Secondary Science Normal (Technical) curriculum is designed using the contextualised approach and aims to develop 21CC and scientific literacy in students.



With reference to the revised *Science Curriculum Framework*, students should be provided with strong grounding in the three fundamentals:

- *Core Ideas* of Science;
- *Practices*; and
- *Values, Ethics and Attitudes* in Science.

It is essential for assessment to be closely aligned to the curricular objectives, content and pedagogy.

How to Assess?

As assessment serves many purposes, it is guided by the specific purpose for which it is intended. Before making an assessment about a certain aspect of students’ learning, teachers should ensure that the form of assessment used will generate information that reflect accurately the aspect of learning teachers intend to assess. Assessment should, where possible, include items with real-world contexts and incorporate the affordances of ICT.

Different forms of assessment should be used to assess different aspects of learning. In addition to written assessments, teachers should conduct performance-based assessments, which may include:

- | | |
|------------------------|--------------------------|
| ● Debates | ● Posters |
| ● Drama/ Show and Tell | ● Practical work |
| ● Learning Trails | ● Projects |
| ● Model-making | ● Reflections / Journals |
| ● Portfolio | |

For example, teachers can assess students through the use of portfolio. It is a systematic and purposeful collection of students’ work and provides a more comprehensive picture of their learning. The work collected provides a continuous record of the students’ development and progress in the acquisition of *Core Ideas*, *Practices* as well as *Values, Ethics and Attitudes* to develop 21CC. In addition, the portfolios can be compiled to showcase students’ learning. Students have the opportunity to self-evaluate by deciding which pieces of work they want to compile into their portfolio. They can also carry out reflections by revisiting their own portfolio to ascertain their mastery of the relevant 21CC.

Designing Assessment for Learning

AfL is assessment conducted constantly during classroom instruction to support teaching and learning. The critical feature about AfL is that information gathered from the assessment is used to adjust and improve the teacher’s teaching practices, as well as surface students’ learning progress and difficulties.

Designing Assessment of Learning

Assessment of Learning (AoL) aims to summarise how much or how well students have achieved at appropriate checkpoints of a course of study. The end-of-year examination is an example of AoL. To ensure content validity, the assessment should be designed to cover a representative sample of the syllabus. The assessment content should well-represent the syllabus in terms of scope and relevance as well as be pitched at the appropriate difficulty level.

SECTION 5: ACKNOWLEDGMENTS

6. ACKNOWLEDGMENTS

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