# STRATEGIC PARTNERSHIP CCA (SP-CCA) HOCKEY





A MOE-SportSG CCA programme for secondary school students who are passionate about Hockey!

This programme, in collaboration with ActiveSG Hockey Academy, welcomes students who are interested to learn/train in the sport of Hockey and be part of the team.

All secondary school students, regardless of abilities and prior experience, are welcome!





Monday and Wednesday, 4pm - 6pm Saturday, 3pm - 5pm



3 sessions per week
Students are required to attend all 3 training sessions



Self-arranged



Hockey Pitch @ Delta Sport Centre



### **WHAT CAN YOU EXPECT?**



### DEVELOPMENT PATHWAYS

Learn, progress and reach your full potential

## INTENTIONALLY DESIGNED PROGRAMME & EXPERIENCES

Fun, enjoyable and specially curated for maximum benefits.

#### **QUALITY COACHING**

Values-based coaching that develops character and life skills.

### **ENHANCED PERFORMANCE**

**Physical**: Develop hand-eye coordination, cardiovascular endurance, agility and overall athleticism.

**Mental**: Develop decision-making, spatial awareness & tactical intelligence in dynamic situations.