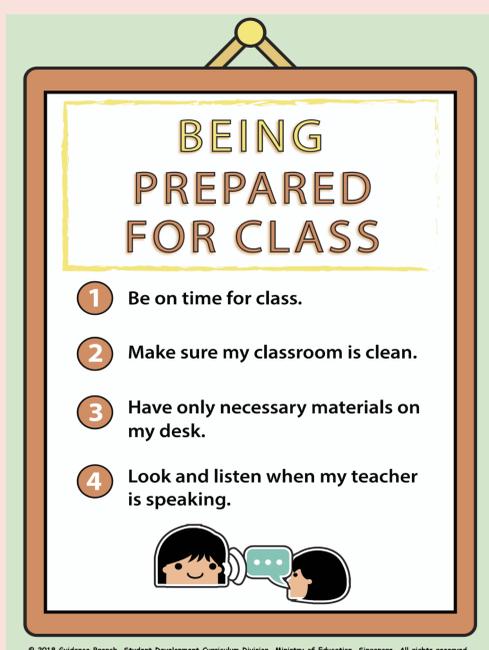


Teach Your Child Social Emotional Skills

BE READY FOR LEARNING

What your child may learn in school



In school, your child learns social emotional skills that help them to be ready for learning. Teachers may explain the skill steps or build them into daily class routines to help your child cultivate good habits.



Quick Info:

- Form Teacher Guidance Periods (FTGP) - Time set aside for Form Teachers to bond with students or teach values and social emotional skills.



What you can do at home



Help your child to develop responsibility and self-management skills by creating a checklist together with him/her to get ready for school!

You are starting P1 soon. Teachers will expect you to be prepared for class. What do you need to be prepared for class? What can you do at home to make sure you are prepared for class the next day?



Explain how creating a checklist of items to bring for school would help him/her to:

- Participate fully and enjoy the learning activities as he/she has the necessary materials
- Shorten time taken to get ready for school the next day, helping him/her to be on time

MAKE NEW FRIENDS

What your child may learn in school



Making friends will help your child to adapt quickly to the new school environment, as school becomes more enjoyable with their new friends. They can also learn and play well together.



Quick Info:

- The Programme for Active Learning (PAL) helps your child to discover his/her interests and how to relate and work with peers through Sports and Games, Outdoor Education, Performing Arts (Dance, Drama and Music) and Visual Arts.



What you can do at home



Do a short role-play with your child to practise these steps for joining in activities:

- saying hello with a smile and introducing him/herself
- asking politely if he/she can join the group
- thanking them for choosing to include him/her
- saying and feeling okay even if they choose not to

Are you excited to meet your new friends? What do you do or say when you meet your new classmates or join them in group activities? Let's try it!



Explain how doing the above helps him/her to:

- make others feel comfortable
- prevent conflict with new classmates
- be confident