

TIP 1



Get Ready For School!

Preparing well at home makes for a smooth start to the day and a great time at school!

It's not easy getting up so early, every day – for you and your kid. Getting your child ready might take longer than you'd think. The night before, prepare your child's bag and uniform together. Talk through your child's schedule for the next day. Make sure there's enough time for cleaning up, breakfast and the journey there, without rushing.

Ready, Set, Go!

Discuss with your child how they can prepare for school. Talk about the order in which these tasks should be done.



Tick what you have done ✓

The night before school, I should...

- Check my homework
- Pack my bag
- Pack my snack for school
- Lay out my uniform, socks and shoes
- Set my alarm clock
- Give my parents a hug before bed
- Sleep before _____ pm



Before I leave the house, I should...

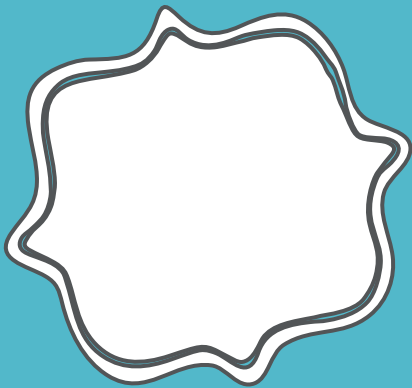
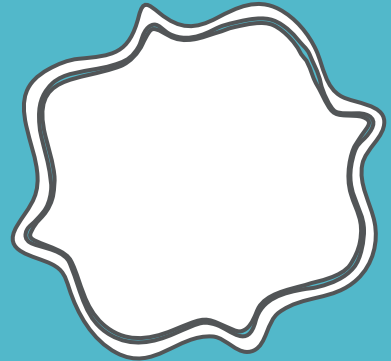


What is the order of these activities?



Do It Yourself!

Ask your child to show you how they get ready for school on their own.



Time For School!

1. _____ will get ready for school every day by:
 <name>



 Draw in the clock's hands!

Ask Mummy And Daddy!

Share your favourite school memories, photos and keepsakes with your child. When parents are excited about learning, your children pick up the positive vibes!



Ask your parents these questions



What did you do during recess?

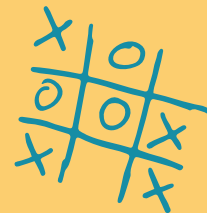


What was your favourite subject?

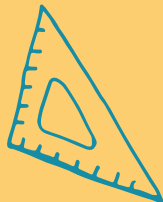


Who was your favourite teacher?

What were your friends like?



Were you naughty in school?





Sleepy Time...

To learn well, young children need enough sleep - between 9 - 11 hours. Agree on a bedtime with your child and ask them to try getting to bed on time for a week. When they succeed, award them this certificate and decorate it with stickers!

My bedtime is



Zzzzzzz...



Dear _____,

You have gone to bed at

<time>

for one whole week!

Love,

