

Supporting your child through the Primary 1 journey

As our young ones develop at different pace, allowing them to learn at their own pace helps them enjoy the learning process.



Supporting your child through the Primary 1 journey

Social Emotional Learning

Social and Emotional Learning refers to the skills that are important for your child's personal and social well-being.

Helping them be ready to learn

Talking about how to make friends

Teach Your Child Social Emotional Skills
BE READY FOR LEARNING

What your child may learn in school

BEING PREPARED FOR CLASS

- Be on time for class.
- Make sure my classroom is clean.
- Have only necessary materials on my desk.
- Look and listen when my teacher is speaking.

In school, your child learns social emotional skills that help them to be ready for learning. Teachers may explain the skill steps or build them into daily class routines to help your child cultivate good habits.

What you can do at home

CREATE A CHECKLIST TOGETHER

Have an discussion with your child on the checklist format and how to go through before you all how to pack teacher's bag.

Help your child to develop responsibility and self-management skills by creating a checklist together with him/her to get ready for school!

She was checking 11 times. Teachers will expect you to be prepared for class! What do you need to be prepared for class? What can you do at home to make sure you are prepared for class the next day?

Explain how creating a checklist of items to bring for school would help him/her to:

- Participate fully and enjoy the learning activities as he/she has the necessary materials
- Shorten time taken to get ready for school the next day, helping him/her to be on time

Quick Info:

- Form Teacher Guidance Periods (FTGP) - Time set aside for Form Teachers to bond with students or teach values and social emotional skills.

CLICK HERE

MAKE NEW FRIENDS

What your child may learn in school

JOINING IN ACTIVITIES

- Choose a good time.
- Look at the person.
- Ask in a friendly way, "Hi, may I join you?"
- Accept the answer by saying "Thank you" or "Okay".

Making friends will help your child to adapt quickly to the new school environment, as school becomes more enjoyable with their new friends. They can also learn and play well together.

What you can do at home

SAY HELLO AND SMILE

Practice role-play with your child to help teacher relate with others and make friends easily. Encourage them to say hello, greet good morning and smile at their new friends and teachers. Thank greetings are a great way to connect with people.

Do a short role-play with your child to practise these steps for joining in activities:

- saying hello with a smile and introducing him/herself
- asking politely if he/she can join the group
- thanking them for choosing to include him/her
- saying and feeling okay even if they choose not to

Quick Info:

- The Programme for Active Learning (PAL) helps your child to discover his/her interests and how to relate and work with peers through Sports and Games, Outdoor Education, Performing Arts (Dance, Drama and Music) and Visual Arts.

Explain how doing the above helps him/her to:

- make others feel comfortable
- prevent conflict with new classmates
- be confident

Read more: <https://www.schoolbag.sg/steeg/how-to-help-your-child-ace-the-first-week-of-school>

Supporting your child through the Primary 1 journey

Reading

Reading is a habit that we can build in children. P1 teachers will build on basic word recognition (e.g. recognising letters of the alphabet and their corresponding sounds).

You can support by:

Cultivating a love for reading

- Take your child to the library and allow them to choose their own books.
- Read together with them.

Taking small steps

- Provide time to see sight words repeatedly. Sight words are the words that appear most frequently in our reading and writing.



[CLICK HERE](#)

Tune in to NLB's Storytime together with your child.

[CLICK HERE](#)

Try suggested activities and books to cultivate a love for reading.

Supporting your child through the Primary 1 journey

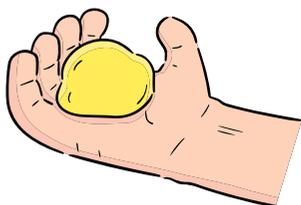
Writing

As hand muscles take time to develop and mature, your child does not need to perfect their penmanship upon entering P1.

You can support them by:

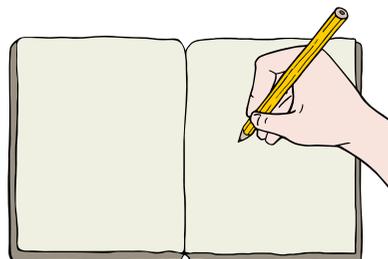
Enabling them

- Strengthen their muscles through activities like moulding dough, peeling an orange and watering plants with a spray bottle.



Taking small steps

- Practise writing and copying on a blank piece of paper first, then on a lined paper when they are ready.



Encouraging them

- Some letters like 's' and 'g' are harder to write as they require good finger control to shape.
- Give them time and praise them as they progress.



Supporting your child through the Primary 1 journey

Copying

In school, children may need to copy homework from the board. This requires hand-eye coordination and some may need more time.

You can support them by:

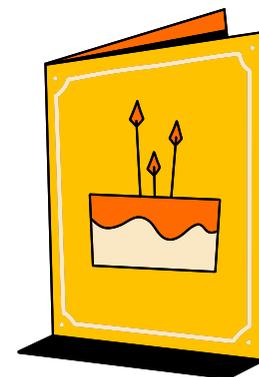
Practising with them

- Give them opportunities to copy words/short phrases from a piece of paper placed next to them.



Working on meaningful tasks

- Help them enjoy writing/copying with meaningful tasks such as writing a birthday card or copying your grocery list.



Supporting your child through the Primary 1 journey

Paying attention

Children do better when they stay focused during group learning and complete tasks.

You can support them by:

Doing fun activities which require focus together

- Do activities that require focus to complete together (e.g puzzles).
- Sing songs with movements and repetitions, which can help reinforce memory.

Developing an awareness of time

- Help them gauge time by saying, "Let's play for another 10 more minutes and we will go home".

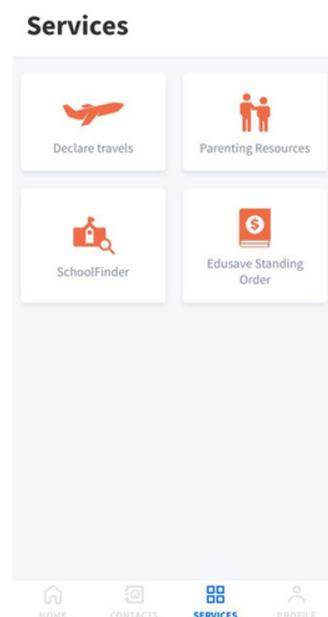


Supporting your child through the Primary 1 journey

Entering Primary 1 is one of the many milestones your child will experience.

In preparing them for what's ahead, we can look at how we can help them develop skills for a good start to their school journey.

For more resources, click on the links or access them via **Parenting Resources** under the **Services** tab in Parents Gateway.



Help, my child isn't ready for Primary 1!

27 OCT 2021



[CLICK HERE](#)

Are you over-preparing your child for P1?

23 AUG 2021



[CLICK HERE](#)

Put the books down! 6 skills your child really needs for P1

14 JUN 2021



[CLICK HERE](#)



First Flight newsletter

Find out more about life at MOE Kindergarten and pick up tips to support your child.

[Read our biannual newsletters](#)

[CLICK HERE](#)