

FIRST FLIGHT

In this edition of First Flight, we look at how Values, Social and Emotional Competencies and Learning Dispositions (VSLD) are intentionally and consistently incorporated across children's learning experiences in MOE Kindergarten (MK).

Explore how dedicated teachers from MK thoughtfully designed learning experiences to develop children's character and resilience to thrive in a rapidly changing world.

Hear About Our Rich Learning at MOE Kindergarten

Collaborative Games: Enhancing Learning Centres at MK@Yishun

At MK@Yishun, the K2 children engaged in collaborative games that aimed to foster social and emotional development and teamwork. Through activities that would emphasise collective effort over individual competition, children are encouraged to work with each other to plan and problem solve. They learnt to manage emotions, interact effectively with each other, and celebrate shared successes. Overall, these activities provided a supportive and interactive setting where children could cultivate collaborative skills while enjoying meaningful learning experiences at their learning centres.



Children engaged in role playing to explore different cultures. Through this activity, they learnt how to embrace diversity, understand and respect each other's perspectives and work together to create an inclusive and respectful environment.



Children played an adapted version of the game, 'Twister'. They worked in teams to form words or phrases while helping each other navigate the challenges of the game.



Children enjoyed a game of 'Heads' Up' in which they took turns to give each other clues. Through this activity, they learnt to manage their emotions and regulate their behaviours in social settings.



Growing Future Ready Leaders (GFRL) at MK@Punggol Green

At MK@Punggol Green, teachers are committed to nurture future-ready leaders in the MK children. Through the GFRL programme, teachers helped children to develop social emotional skills, mindfulness, gratitude, and appreciation of community needs. GFRL is divided into 4 parts – 'The Zones of Regulation', 'S.T.R.I.V.E. (Self-discipline, Teamwork, Responsibility, Integrity, Valour and Empathy) values', 'Mindfulness' and 'Thankfulness'. These activities are purposefully woven into routines, transitions and learning centre time.

Children learnt how to understand and manage their emotions effectively during 'The Zones of Regulation' sessions.



S.T.R.I.V.E. values are taught explicitly through activities such as singing of songs.



Through a centre-based project, 'Start Small, Dream Big', children learnt to show appreciation and gratitude towards people in the community, such as our visit to SBS Transit shown here.



Children are exposed to 'Mindfulness' activities such as breathing exercises to quieten the mind and improve their focus and attentiveness.

'Nurturing Little Hearts and Minds' at MK@Shuqun

Children participated in activities celebrating cultural diversity such as playing on the 'kompang'.



At MK@Shuqun, the 'Nurturing Little Hearts and Minds' programme helped make values, social and emotional competencies and learning dispositions (VSLD) visible to the children through:

- Carefully curated experiences helped children learnt how to respect diverse communities, manage their emotions, and embrace positive attitudes towards learning.

- Thoughtfully-designed cue cards and interactive spaces in the environment allowed children to immerse in, revisit and practice what they have learnt, ensuring that these values become a natural part of their everyday lives.



Through constructive dialogue with each other, children learnt to communicate and respect each other's thoughts and ideas during dramatic play.

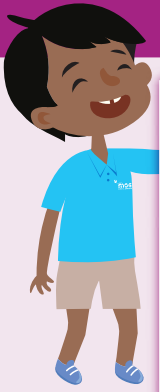
"Appreciation Jars" encouraged children to write positive notes about their classmates, promoting gratitude.



Routine activities, such as 'Emotional Check-In', provided opportunities for children to acknowledge and identify how they feel. They also had the chance to share their feelings with the teacher.



It's Okay to not be Okay at MK@Dazhong



Teacher explaining to the children on how to use the 'Emotional Cups'.



A child drawing to reflect on how she felt for the day.

At MK@Dazhong, the mission is to nurture positive behaviors in young children and guide them in developing self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. Through the 'It's okay to not be okay' programme, children learnt how to recognise negative emotions, self-regulate and reflect on their emotions.

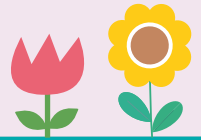
Using 'Emotion Cups', children had the opportunity to write/draw their feelings and reflect upon their emotions. It served as an outlet for them to acknowledge their feelings and, revisit and reflect at a later timing.

Sometimes, they might also encounter social or emotional problems or challenges that they could not solve on their own. That's when the 'Self-Help Kit' comes to the rescue. In the kit, children could find various cue cards to help them identify and give suggestions to address their emotions.

Children using the 'Self-Help Kit' to share their feelings with each other and address and solve problems.



At MK@Dazhong, teachers tell the children 'It's okay to not be okay.'



Explore Our Learning Environment - The Third Teacher

At MK@Bendemeer, the thoughtfully designed outdoor spaces are more than just play areas — they are vibrant learning environments where children develop essential life skills through purposeful exploration.

Through a variety of engaging activities, children strengthened their Social and Emotional Competencies (SECs) — building confidence, resilience, and teamwork as they collaborated and navigated challenges together. They cultivated positive Learning Dispositions (LDs) such as perseverance, appreciation, inventiveness and engagement, fostering a love for discovery. At the same time, they refined their Executive Functioning (EF) skills, such as self-control and adaptability, laying the foundation for lifelong learning.

Every space is designed to support holistic development, ensuring that the children grow into confident, capable, and compassionate individuals — one outdoor adventure at a time!

Children are provided with opportunities to be inventive. They worked together to discuss and set up their very own obstacle course for outdoor play.



The playground challenged the children to build confidence and perseverance as they worked through the ropes and planks using different movements. While navigating the tricky ropes, they learnt to make calculated risks and work together with their friends to conquer the challenging path.



In MK@Tampines, there is a dedicated space for the teaching and learning of VSLD in each classroom. Teachers would capture moments when children demonstrated values, displaying photos and reflections in both English and the different Mother Tongue Languages to reinforce learning. A "check-in corner" helped children explore and manage their emotions, encouraging self-regulation. They are invited to visit the space to identify feelings and find coping strategies. This approach fostered emotional responsibility and empowered children to effectively manage their emotions.



MK child displayed responsibility by taking ownership of her learning resources.



'Classroom Promises' are displayed on the classroom walls, serving as visual reminders to the children.



A 'Growing Tree' on a classroom wall for children's comments on how they portrayed different values learnt.

Meet Our Dedicated MOE Kindergarten Educators

Congratulations to our recent winners at the 2024 Mother Tongue Language Symposium! Join us in recognising their efforts in fostering joyful and enriching Mother Tongue Language learning experiences.

Outstanding Award Winners



Mdm Zhang Ling
张玲老师
MK@ Jurong West



Mr Muhammad Fairus Bin Adam
MK@Shuqun

Merit Award Winner



Mdm Suria Binte Yusof
MK@ Jurong West



Immerse in our 'K2 Celebrates! Moments

K2 Celebrates is a meaningful and much anticipated event that brings together the MK children, their families and teachers to celebrate the completion of the children's two-year learning journey in MK. See how much fun, laughter and joy happen in our MKs!



MK@Zhenghua - Children dancing to a self-choreographed robot dance

Fringe activities for children and parents

MK@West View - Children using their Mother Tongue to share about the Ponggal festival

Smiles all around as parents gathered to celebrate this special moment with their K2 child

MK@Valour - Stepping into the 1960s... children performing a song about the spirit of hard work of the Samsui women

MK@West Spring - Grand finale of K2 Celebrates

Photoshoot time for children and parents

MK@Temasek - Children walking in to proud smiles from their parents

Children performing confidently on stage

Children sealing a time capsule with their parents... to be opened when they are in P6

MK@Princess Elizabeth - Children bringing characters to life as they soar on an exciting plane adventure in the sky

Using energetic moves and catchy lyrics, the children put on a lively performance for their parents

MK@Oasis - Children getting ready to perform, 'Sammy the Fish' skit, one of their favourite stories

MK@Northshore - Children performing in their different Mother Tongue languages

MK@Mayflower - Children singing and signing to the song 'Home'

Check out the children emcees speaking and signing

Making lasting memories with the teacher

Children marching in together with their beloved teacher

Journey With Your Child

As your child starts Primary 1, they will face new situations and challenges. Having a positive mindset and strong social and emotional skills, such as being able to manage their emotions, take turns and think before acting, will help them better learn and adapt to new situations.

What to Prioritise in Supporting Children's Transition?



Understand and care for oneself



Show care and respect for others



Make responsible decisions and act on them

Tips for Parents



Engage your child in role playing activities to help your child understand, express and manage emotions.



Provide opportunities for your child to play with his/her peers to foster social and emotional skills such as teamwork, turn-taking and self-control.



Celebrate efforts, not just the achievements. Encourage learning from mistakes through reflections and provide opportunities for them to do it better.

