

FORMAT OF COMPETITION

1. Each team must be of mixed gender and mixed UGs (at least 3 UGs per team), as this will spark off more collaboration and cross pollination of skills and knowledge amongst UGs in schools.
2. There are two phases to the competition. Phase 1 consists of two parts (i.e. Phase 1A and Phase 1B).

Phase 1

Phase 1A – Project-based

3. This phase involved students doing a project based on the theme "Uniformed Groups: Staying Relevant, Staying Ahead". Teams were required to give a presentation on their project.

Phase 1B – Knowledge, Skills and Fitness

4. In this phase, teams were put through written and practical tests on knowledge and skills. All members were also expected to finish a 5-km run where their timing was recorded. In addition, teams had to go through a swimming test.

Phase 2 - Finals

5. The details of the Finals will be kept confidential till the race itself. As such, all teams would have to prepare for any possibilities. Activities could include but are not limited to: rock-climbing, navigation, environmental preservation, river-crossing, problem-solving scenarios, sports stations, canoeing and kayaking. The range of activities and the surprise element will test the participants physically and mentally. Leadership and teamwork would be critical elements for the success of the groups.

Finalists

6. After rigorous selection in Phases 1A and 1B, 12 teams have made it to the final round. The 12 teams are as follows:

Team 2	Hwa Chong Institution / Nanyang Girls' High School
Team 3	Hwa Chong Institution / Nanyang Girls' High School
Team 4	Admiralty Secondary School
Team 5	Christ Church Secondary School
Team 10	Jurong West Secondary School
Team 11	Peicai Secondary School
Team 13	Whitley Secondary School
Team 15	River Valley High School

Team 17 Fajar Secondary School
Team 19 Anglican High School
Team 20 Presbyterian High School
Team 21 Raffles Institution / Raffles Girls' School (Secondary)

Closing Ceremony

7. The finals will be held from Friday, 13 July 2007 (5pm) to Sunday, 15 July 2007 (8.30pm), and will culminate in a Prize Presentation and Closing Ceremony on 15 July 2007 at 7pm, at which Mr Teo Ser Luck (Parliamentary Secretary, Ministry of Community Development, Youth and Sports and MP for Pasir Ris-Punggol GRC), will be the Guest-of-Honour. The ceremony will be held at:

MOE Co-Curricular Activities Branch
21 Evans Road
Singapore 259366